

Emiliano Barrios Ceballos: *Allium sativum*

Allium sativum



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Emiliano Barrios Ceballos

Dr. Wojciech Simon Waliszewski

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Taxonomy of *Allium sativum* (Garlic)

Table 1. Taxonomic classification of *Allium sativum* (USDA, 2024)

Rank	Taxon (Authority)	Notes
Kingdom	Plantae	Multicellular, photosynthetic organisms (the plants) ¹ .
Subkingdom	Tracheobionta – vascular plants	Have specialized conducting tissues (xylem and phloem) ² .
Superdivision	Spermatophyta – seed plants	Land plants that reproduce via seeds (includes gymnosperms and angiosperms) ¹ .
Division	Magnoliophyta – flowering plants	Angiosperms: produce flowers and seeds enclosed in fruits ³ .
Class	Liliopsida (monocots)	Monocotyledons: one seed leaf, usually parallel-veined leaves, floral parts in threes ⁴ ⁵ .
Order	Asparagales	Order of herbaceous perennials and bulbous plants (e.g. onions, orchids); flowers with 6 tepals, 6 stamens ⁶ .
Family	Amaryllidaceae R.Br.	Amaryllis family: bulbous herbs with straplike leaves; flowers usually 3 or 6 tepals ⁷ .
Genus	<i>Allium</i> L.	Onion/garlic genus: perennial herbs with bulbs or rhizomes; linear, hollow leaves; flowers in umbels ⁸ ⁹ .
Species	<i>Allium sativum</i> L. (Authority: L.)	Cultivated garlic: pungent bulb made of cloves, used as food/spice. First described by Linnaeus (1753) ¹⁰ .

Allium sativum belongs to the kingdom **Plantae**, which includes all multicellular, photosynthetic green plants ¹ . Within Plantae it is placed in **Tracheobionta** (vascular plants), characterized by specialized vascular tissues (xylem and phloem) that transport water and nutrients ² . The superdivision **Spermatophyta** comprises all seed plants, meaning plants that reproduce via seeds; this includes both gymnosperms and flowering plants ¹ . *Allium sativum* is an **angiosperm** (Division Magnoliophyta), the flowering plants whose seeds develop enclosed in fruits ³ .

At the class level, garlic is a **monocotyledon** (monocot, class Liliopsida). Monocots are defined by having a single cotyledon in the seed (vs. two in dicots) and by characteristic morphology: typically parallel leaf venation, floral parts in multiples of three, and a fibrous root system ⁴ ⁵ . As a monocot, garlic's leaves are strap-like and its flowers have six tepals (as seen in ornamental alliums) ⁵ ⁷ .

Garlic falls in the order **Asparagales**, a large order of monocots. Asparagales includes many bulbous or rhizomatous plants (e.g. onions, asparagus, irises, orchids) and is typified by herbaceous perennials often

with bulb-like storage organs ¹¹ . Members of Asparagales typically have “lily-type” flowers with six tepals and six stamens ⁶ , a trait seen in *Allium sativum*'s star-shaped flowers.

Within Asparagales, garlic belongs to the **Amaryllidaceae** family (the amaryllis or onion family). Amaryllidaceae are mostly bulbous herbs. A typical amaryllis-family plant has bulbs or underground stems, several basal leaves that are strap- or lance-shaped, and flowers with tepals in threes (often appearing as 6 tepals) ⁷ . The inflorescences are usually umbels or clusters subtended by a spathe. These traits match garlic: it grows from a bulb, has linear leaves emerging from the base, and produces umbels of six-tepaled flowers (in non-culinary varieties).

Within Amaryllidaceae, *Allium* L. is the genus that includes onions, garlic, leeks and related plants. Alliums are perennial herbs with characteristic oniony/garlicky scent (sulfur compounds) ¹² ⁸ . They have underground bulbs (or rhizomes in some species) and usually one or a few hollow, linear leaves. In *Allium*, the flowering stem (scape) is leafless and ends in a spherical or hemispherical umbel of small flowers ¹² ⁸ (see Figure below). The genus contains about 1000 species worldwide ¹³ .

Finally, the species *Allium sativum* L. is the cultivated garlic. The authority “L.” indicates that Carl Linnaeus first validly published the name (in his *Species Plantarum*, 1753 ¹⁰). The scientific name therefore honors Linnaeus's authorship. *A. sativum* is characterized by its pungent, compound bulb (made of cloves) and by the same general allium morphology: garlic has linear leaves and, if allowed to flower, would produce purple or white umbel flowers. It is the type species of the genus and the common name is simply “garlic.”



Figure: Purple spherical flower umbel of *Allium atropurpureum*, an example of genus *Allium*. Note the six-pointed star flowers arranged in a dense ball (Photo: Cathy DeWitt).

References: USDA PLANTS (2024); Linnaeus (1753) ¹⁰ ; Flora of North America (Kennedy, 2020) ⁷ ; Wikipedia (Monocotyledon, Seed plants, Asparagales) ⁴ ⁵ ⁶ ; NC State Univ. Extension (*Allium*) ⁹ .

1 3 Seed plant - Wikipedia

https://en.wikipedia.org/wiki/Seed_plant

2 Vascular plant - Wikipedia

https://en.wikipedia.org/wiki/Vascular_plant

4 5 Monocotyledon - Wikipedia

<https://en.wikipedia.org/wiki/Monocotyledon>

6 11 Asparagales - Wikipedia

<https://en.wikipedia.org/wiki/Asparagales>

7 Amaryllidaceae | Definition, Examples, Foods, & Facts | Britannica

<https://www.britannica.com/plant/Amaryllidaceae>

8 13 Allium - Wikipedia

<https://en.wikipedia.org/wiki/Allium>

9 12 Allium (Onion, Ornamental Onions) | North Carolina Extension Gardener Plant Toolbox

<https://plants.ces.ncsu.edu/plants/allium/>

10 Allium sativum L.

<https://www.gbif.org/species/2856681>

Chapter 1: Agro-ecology of Garlic (*Allium sativum*)

1.2 Fossil record

No direct fossil of cultivated garlic (*Allium sativum*) is known, but *Allium*-like plants existed in the Eocene. Paleobotanists described *Paleoallium billgensei*, a fossil from ~49 million years ago (Early Eocene, Washington State, USA), that bore a scape, flowers, and bulbils very similar to modern *Allium* species ¹ ². This suggests the *Allium* lineage (onions, garlic, etc.) dates back at least to the Eocene. In other words, while garlic itself has no distinct fossil record, its relatives were present tens of millions of years ago. (No known garlic fossil has been found; the fossil *Allium* demonstrates only the antiquity of the genus.)

1.3 Origin and current distribution

Garlic originated in Central Asia. Genetic and historical evidence indicates that garlic's wild ancestor (*Allium longicuspis*) grew in mountainous regions stretching from the Caucasus through Central Asia (Hindu Kush, Pamirs, Tien Shan) ³ ⁴. Ancient records show garlic in Egypt ~5000 years ago and in China ~4000 years ago, but true wild garlic is native only to that Central Asian "garlic crescent" ³ ⁵. From Central Asia, humans spread garlic west into Europe and east into Asia. Today garlic is cultivated worldwide in temperate regions. For example, it is widely grown around the Mediterranean, in North America, East Asia, and other regions with cool winters and moderate summers ³ ⁶. (China now produces ~70–80% of world garlic, with India, Bangladesh, Egypt, and South Korea also major growers, though exact production data vary.)

1.4 Ecoregion and elevation

Garlic grows in a range of open, arable landscapes. It prefers full sun and open fields or garden beds rather than shaded forests. Wild and cultivated garlic historically occurred in continental climates with hot, dry summers and cold winters ⁷. In cultivation it succeeds in temperate zones (e.g. much of North America, Europe, China) and even in subtropical highlands. Farmers grow garlic from near sea level up to moderate elevations (several hundred meters) ⁸. For example, in Hawaii, successful garlic trials were conducted on sloping lands 500–1000 feet above sea level ⁸. In the Himalayas, smallholder farmers grow garlic in terraced valleys at 1000–2000 meters elevation. In contrast, hot-humid lowlands or tropical jungles are generally unsuitable, as garlic needs a cool dormancy period. In short, garlic favors open fields in temperate/highland climates (zone USDA 4–9) over dense forest or desert.

1.5 Climate

Garlic is a **cool-season, long-day** crop. It requires a period of cold (vernalization) to induce normal bulbing. Typically, garlic cloves need 6–10 weeks of chilling (around 0–10°C) after planting for proper bulb formation ⁵. Optimal growth occurs in spring temperatures of roughly 10–20°C. Garlic does not tolerate extreme heat during bulbing; high summer heat (above ~30°C) can cause bulbs to stop growing and plants to bolt prematurely ⁹ ⁷. Thus garlic thrives in climates with cold winters and mild springs/summers. It originated in continental (semi-arid) zones with hot summers and cold winters ⁷, but it has adapted to

more maritime climates in the Mediterranean and elsewhere. Humidity can influence disease: humid, wet conditions during growth favor fungal pathogens (e.g. downy mildew), so good air circulation is needed. Overall, garlic is grown in USDA zones roughly 4–9, requiring a winter chill and long summer days ⁹ ⁷ .

1.6 Geology and Soil requirements

Garlic prefers **well-drained loamy soil** rich in organic matter. It tolerates a wide pH range but does best in slightly acidic to neutral soil (optimal pH ~6.0–7.0) ¹⁰ . For example, University of Minnesota Extension advises that “garlic grows best in well-drained, moisture-retentive soil with a pH between 6.0 and 7.0” ¹⁰ . Heavy clay or poorly drained soils cause bulb deformation and rot, whereas light sandy soils dry out too fast. Ideally, soil texture is a loam or sandy-loam with good moisture retention. Garlic requires moderate fertility – not extreme N but adequate nutrients. A typical recommendation is to apply compost or balanced fertilizer before planting, since continuous use of high-phosphorus amendments is not needed ¹¹ . Good organic matter aids soil structure and water retention. In short, garlic grows on open cultivated soils (fields or beds) rather than forest soils; it likes soils similar to those for onions and root crops, being pH ~6–7, well-drained and medium-loamy ¹⁰ .

1.7 Water management

Garlic is not drought-tolerant; it benefits from steady moisture during vegetative growth. A general guideline is about **1 inch of water per week** during the active growing season ¹² . For instance, a Hawaii extension guide notes that garlic plants “benefit from 1 inch (27,000 gal/acre) of water per week during the growing season” ¹² . However, water management changes as bulbs form: irrigation should be **reduced or stopped** once bulb development begins, to concentrate sugars in the bulb and prevent rot ¹² . In practice, growers provide moisture in spring (or throughout cool season) but keep the soil relatively dry in late summer during maturation. Garlic can withstand short dry spells, but prolonged drought during leaf growth will reduce bulb size. Conversely, waterlogged soil can cause diseases (e.g. basal rot). Thus: regular irrigation or rainfall (~1”/wk) until bulbs set, then minimal water to ripen bulbs ¹² .

1.8 Light and Temperature regimes

Light: Garlic requires full sun, as lower light reduces bulb size. Critically, garlic is a *long-day* plant for bulbing. Bulb initiation is triggered by increasing day length (typically around 13–15 hours in summer) ⁹ . This is why garlic does not form large bulbs if grown in short-day conditions (tropics) without vernalization.

Temperature: As noted, garlic needs cool temperatures in winter (vernalization) and then moderate warmth in spring. Bulb formation begins as days lengthen and temperatures rise (but before soil becomes too hot) ⁹ . In fact, one extension source notes: “As temperatures rise and day length increases, bulb formation begins” ⁹ . Garlic is frost-hardy; young foliage can tolerate light freezes. However, high heat (>30–35°C) during bulb fill causes “bolt” (premature seed stalk) or thin, small bulbs. Ideal growing-season daytime temps are roughly 15–25°C, with cooler nights. In winter, garlic cloves remain dormant near freezing. In summary, garlic’s light/temperature regime is: cool moist winter, then gradually warming, long days in spring; this cycle yields the best bulbs ⁹ ⁷ .

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- CTAHR (Univ. of Hawai'i). (2022). *Garlic production guidelines for Hawai'i*. College of Tropical Agriculture and Human Resources. ¹²

¹ ² **Paleoallium billgenseli** gen. et sp. nov.: Fossil Monocot Remains from the Latest Early Eocene Republic Flora, Northeastern Washington State, USA

<https://stonerosefossil.org/wp-content/uploads/2018/08/Pigg-Bryan-DeVore-2018-Paleoallium.pdf>

³ **Simon: Garlic Origins : USDA ARS**

<https://www.ars.usda.gov/midwest-area/madison-wi/vegetable-crops-research/docs/simon-garlic-origins/>

⁴ ⁶ ⁷ ¹³ **Garlic, Allium sativum – Wisconsin Horticulture**

<https://hort.extension.wisc.edu/articles/garlic-allium-sativum/>

⁵ ⁹ **Garlic Production for the Gardener | CAES Field Report**

<https://fieldreport.caes.uga.edu/publications/C854/garlic-production-for-the-gardener/>

⁸ ¹² **ctahr.hawaii.edu**

<https://www.ctahr.hawaii.edu/oc/freepubs/pdf/VC-8.pdf>

¹⁰ ¹¹ **Growing garlic in home gardens | UMN Extension**

<https://extension.umn.edu/vegetables/growing-garlic>

Biology of Garlic (*Allium sativum*)

Executive Summary: Garlic (*Allium sativum*) is a herbaceous perennial in the Amaryllidaceae family, grown worldwide as a culinary and medicinal bulb crop. It is clonally propagated (from cloves or aerial bulbils) because most cultivars do not set fertile seed. Garlic thrives in cool-temperate climates; it requires a period of cold (vernalization) to induce bulb formation, then responds to lengthening spring daylength and warmth for bulb enlargement ¹. The plant produces an underground bulb composed of multiple **cloves** (modified shoots) wrapped in papery sheath leaves ². Above ground, strap-shaped leaves arise from the bulb, and some **hardneck** types bolt, producing a hollow scape topped by an umbel of flowers and bulbils ³ ⁴. Garlic's genetics are unusual: it is a diploid ($2n=16$) with an extremely large genome (~16.2 Gb) ⁵ and very limited natural variation, since commercial strains propagate vegetatively ⁶. Its secondary metabolites (notably sulfur compounds like alliin and allicin) give garlic its pungent flavor and medicinal properties ⁷ ⁸. Common diseases include fungal rots (white rot *Sclerotium cepivorum*, Fusarium basal rot, purple blotch) and viral infections; pests include onion thrips, nematodes and bulb mites ⁹. Cultivation involves fall planting of large, disease-free cloves in well-drained soil (pH ~6.0–7.0), winter chilling, and spring watering/fertilization (ca. 1" water per week and high nitrogen) to maximize bulb yield ¹⁰. Harvest follows leaf senescence (early summer). Post-harvest, bulbs are cured then stored cool (around 5–10 °C) to extend dormancy. Major research gaps include understanding the genetic basis of sterility, developing seed-setting lines, and dissecting bulb-development physiology for breeding and improved cultivation.

Taxonomy and Phylogeny

Garlic is *Allium sativum* L., family Amaryllidaceae, subfamily Allioideae. It belongs to the monocot order Asparagales, allied with onions, leeks, and chives. Modern phylogenetic studies confirm that the genus *Allium* is large and diverse (~750 species) and is divided into many subgenera (15 monophyletic subgenera have been defined) ¹¹. Alliums share typical *lily-type* flowers with six tepals and six stamens (garlic's star-shaped white flowers) ¹¹. Molecular phylogenies show *Allium sativum* grouped in the subgenus *Allium* section *Allium*, close to wild relatives (e.g. *A. longicuspis*, often considered the feral ancestor) ¹² ¹¹. Whole-genome data (recent chromosome-level assembly) now allow detailed comparisons: *A. sativum* has a huge genome (16.2 Gb) inflated by transposable elements, but its gene content reveals expansions in pathways for bulb metabolites like allicin ⁵. Comparative genomics of onion, Welsh onion and garlic indicate that despite their common ancestry, each underwent distinct domestication paths with divergent morphologies and chemistries ¹³.

Morphology and Anatomy

Garlic is a bulbous perennial herb. The **bulb** is an underground storage organ composed of multiple fleshy *cloves*, each a modified shoot with two thickened leaves. Each clove consists of a basal plate (stem tissue), a central meristematic bud, and two scale leaves: an inner leaf base that swells to form the "meat" of the clove, and an outer dry leaf sheath as protective covering ². Together the cloves form a spherical or ovoid bulb; each bulb is enclosed in one or more outer papery tunic leaves. Garlic leaves are basal, linear or strap-shaped, and hollow (cylindrical) in most types ¹⁴. Roots arise from the basal plate at planting.

In **flowering** (hardneck) types, a tall, leafless **scape** emerges from the bulb's center; it is a solid, cylindrical stalk that ends in a terminal **umbel** of many flowers (usually 20–40). Before or after flowering, small aerial **bulbils (topsets)** often form in the umbel. Garlic flowers have the typical allium form: six tepals and six stamens, but in cultivated lines these usually abort. Garlic inflorescences are subtended by a papery spathe. In contrast, **non-bolting (softneck)** types seldom form scapes or umbels. Some varieties also produce small **bulblets** embedded in the bulb sheath (distinct from bulbils).

Table 1 compares major garlic cultivar groups:

Cultivar Group	Traits	Clove count/size	Notable Regions/Uses
Softneck (e.g. Artichoke, Silverskin types)	No scape; many cloves per bulb; long storage life; easy braiding	10–30 small to medium cloves	Widely grown commercially (e.g. California), adaptable; preferred for braided market bulbs
Hardneck – Rocamboles/ Porcelain/Creole/ Asiatic	Produce a scape; typically 6–12 cloves; cloves large and well flavored; reduced storage life	Fewer (5–12) large cloves	Grown in cooler regions; gourmet/baking uses; also used for seed (bulbil) production
Elephant garlic (<i>Allium ampeloprasum</i>)	Actually a leek relative; very large cloves; mild, slightly bitter flavor	3–5 very large cloves	Specialty; used for mild garlic flavor; not true <i>A. sativum</i>

Reproductive Biology

Asexual (Vegetative) Reproduction: Commercial garlic is *clonally propagated*. Each bulb is divided into individual cloves (or bulbils) and planted. These segments grow into genetically identical plants. Cloves are selected for size and health; large, disease-free cloves yield robust bulbs. Some varieties also use aerial bulbils (topsets) as planting material. Tissue culture is used experimentally for pathogen-free stock, but field propagation remains by clove division.

Sexual Reproduction: Nearly all cultivated garlic cultivars are male-sterile or do not flower under normal conditions ⁶. Most forms never bolt or produce seed; instead, they form sterile umbels or bulbils. However, a few genotypes and experimental lines can flower and set seed when properly vernalized. The classic 2013 study by Shemesh-Mayer *et al.* showed that even among “bolting” garlic types, pollen and flower development is erratic: three types of sterility were documented, ranging from partial pollen abortion to complete floral failure ⁶. In rare fertile forms (or their wild relatives), normal allium pollination biology applies (insect pollination, etc.), but this is almost never harnessed in cultivation. Garlic thus has extremely limited genetic recombination: its evolution and breeding depend on rare sexual events and somatic (mutation) variation ¹⁵ ⁶.

Flowering & Pollination: When it does bolt, a garlic plant's single scape shoots up in late spring. The inflorescence is an umbel of pale flowers which normally produce no viable seed. If flowering is induced (via

long cold vernalization and proper photoperiod), insects may pollinate, but resulting berries and seeds are generally small and sterile. In practice, pollination biology is of little importance for garlic production.

Seed and Sterility: Cultivated garlic is effectively seedless. Any embryos in flowers abort or produce sterile, low-viability seed. The broad loss of sexuality in garlic is linked to long-term clonal propagation and selection: its genome shows extensive changes in flowering-time and reproductive genes, consistent with domestication-driven sterility ¹⁵. Consequently, breeding must rely on clonal selection, occasional hybrid crosses from rare fertile clones, or mutation breeding.

Genetics and Cytology

Garlic is a diploid with $2n = 2x = 16$ chromosomes. It has a massive nuclear genome (~16.2 Gbp), making it one of the largest plant genomes sequenced ⁵. The recent chromosome-level assembly (Sun *et al.*, 2020) annotated ~57,000 genes, many in expanded families for sulfur-metabolism and starch biosynthesis (related to bulb traits) ⁵. The large genome size is due mainly to transposable element expansion.

Cytologically, garlic behaves as a diploid (2x) with eight chromosome pairs. Some variant lines with chromosomal aberrations have been reported, but no stable polyploid garlic is used commercially. Karyotype studies confirm that *A. sativum* has 16 small chromosomes.

Because of its clonal propagation, garlic has very low genetic heterogeneity within cultivars, though considerable diversity among landraces. Modern molecular studies reveal distinct genetic clusters among world garlic germplasm ¹⁶. In India, for example, 29 genotypes showed extensive morphological and biochemical variation despite clonal reproduction, indicating that mutations and historical diversity have given rise to many phenotypes ¹⁶.

Breeding is challenging: sterility prevents hybrid seed, and the narrow gene pool means little new variation. Somatic hybridization and interspecific crosses with related *Allium* (e.g. *A. cepa*, *A. ampeloprasum*) have been attempted, but barriers are strong. Recent genomic and transcriptomic tools offer promise for identifying genes underlying important traits (e.g. bolting, clove number, allicin content) ¹³ ¹⁵.

Physiology

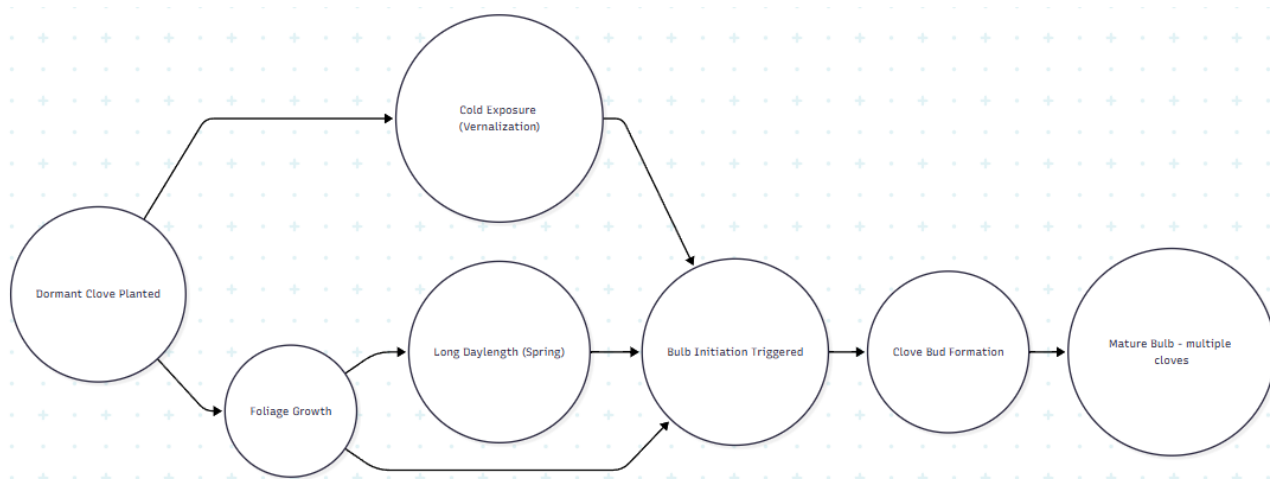
Growth Cycle: When cloves are planted (usually autumn in temperate zones), they break a brief dormancy (~2 weeks) and quickly initiate roots and leaves ¹. The plant then enters vegetative growth with multiple leaves emerging over fall. In winter, growth slows but the apical meristem is *vernalized* by cold (typically 6–8 weeks near 1–5 °C) ¹. This cold exposure “primes” the plant for bulb initiation. No visible bulb (clove) formation occurs until early spring. At the first long days (>12–13 h daylight) and warming, the plant begins to divert resources into **bulb initiation**: leaf growth slows, and lateral bud primordia in the basal meristem start swelling into cloves ¹⁷ ³.

Garlic’s bulbing is highly photoperiod and temperature dependent. Short days will abort bulb formation; long days accelerate it. Generally, a longer cold treatment reduces the critical photoperiod needed for bulbing ¹⁸. In favorable spring conditions (cool soil, adequate moisture, long daylength), bulblets rapidly form. Each planted bud produces 2–6 growing points, which become the basal buds of cloves ³. Under optimal growth, bulb size doubles in the final weeks. On hardneck types, if a scape forms, bulbils may

compete with cloves for resources. To maximize bulb growth, growers often **remove scapes** as soon as they coil (since the inflorescence would otherwise drain nutrients from the enlarging cloves).

Photosynthesis & Respiration: Garlic is a C₃ plant. Its cool-season canopy is relatively shade-intolerant, so leaf area development in spring is important for energy capture. Respiration is typical for geophytes: high during active growth, slowing down during the summer senescence after bulbing.

Bulb Formation Physiology: Internally, bulb formation is driven by hormonal changes triggered by vernalization and photoperiod. Cold induces gibberellin and cytokinin signaling in the meristem, leading to the transition from shoot growth to **storage organ development**. The apical meristem shifts from producing foliage leaves to producing thickened storage leaves (future cloves) ³. A simplified flowchart of bulb formation physiology is shown below:



Each clove in the mature bulb consists of a vegetative bud (future plant) and two scale leaves. Thus, **dormancy** ends at harvest and resumes in storage; garlic cloves remain viable for replanting if stored cool (but not too cold to prevent clove sprouting) ¹⁹.

Phytochemistry and Secondary Metabolites

Garlic's characteristic flavor and medicinal properties are due to sulfur-containing secondary metabolites. The primary precursors are the non-protein amino acid **S-allyl-L-cysteine sulfoxide (alliin)** and related cysteine sulfoxides stored in the cytoplasm. When tissue is damaged (e.g. cloves are crushed or cut), the enzyme **alliinase** (vacuolar) converts alliin into **allicin** (diallyl thiosulfinate) ⁷. Allicin is not present in intact cloves; it forms rapidly (within seconds) upon cell rupture, producing the pungent garlic odor ⁷. Allicin itself is relatively unstable and quickly decomposes into other organosulfur compounds (ajoenes, dithiins, diallyl sulfides) that also contribute to garlic's bioactivity. For example, ajoene (a derivative of allicin) and various allyl sulfides (DADS, DATS) are found in oils and extracts.

The content of these compounds varies greatly among cultivars. Alliin typically comprises ~70–80% of cysteine sulfoxides in a fresh clove, and a high-quality clove may contain up to ~3–5% alliin by weight, which can yield ~1–3% allicin when crushed ²⁰ ⁷ .

Medicinally, allicin and its derivatives are the most studied. Allicin exhibits broad-spectrum antimicrobial activity (antibacterial, antifungal, antiviral) ⁸ . It has demonstrated cardiovascular benefits (antiplatelet, antihypertensive, cholesterol-lowering) in many studies, though bioavailability is limited because allicin is reactive and quickly metabolized ⁸ . Other sulfur compounds (e.g. S-allyl-cysteine) in aged garlic are also noted for antioxidant and health effects. Non-sulfur constituents include fructans (inulin), vitamins and polyphenols, but their roles are secondary.

Major Phytochemicals (selected):

Compound	Class	Notes
Alliin (S-allyl-L-cysteine sulfoxide)	Cysteine sulfoxide	Odorless precursor; when converted by alliinase forms allicin ⁷ .
Allicin (diallyl thiosulfinate)	Thiosulfinate	Formed enzymatically from alliin upon tissue damage; responsible for “fresh garlic” aroma and many bioactivities (antimicrobial, cardioprotective) ⁷ ⁸ .
Ajoene (diallyl disulfide thiosulfinate)	Thiosulfinate derivative	Produced nonenzymatically from allicin; soluble in oil; has antiplatelet and antimicrobial effects.
Diallyl disulfide (DADS)	Organosulfide	Breakdown product of allicin; pungent; contributes to flavor.
Diallyl trisulfide (DATS)	Organosulfide	Garlic oil component; bioactive, may have anticancer effects.
Vinyldithiins, Dithiins	Enzymatic decomposition products	Result from allicin breakdown; contribute to odor and possible bioactivity.
S-allyl cysteine (SAC)	Water-soluble organosulfur	Found in aged garlic; antioxidant, neuroprotective and cardioprotective reported.

Citations: The enzymatic conversion and chemistry of alliin and allicin are well documented ⁷ , and allicin’s effects have been reviewed (antibacterial, antifungal, etc.) ⁸ .

Ecology and Habitat

Garlic’s progenitor range is Central Asia. It likely originated in mountainous regions of the Caucasus/Central Asia (e.g. the wild garlic *A. longicuspis*), and has been cultivated since antiquity in Asia, the Mediterranean, and eventually worldwide. Today it is naturalized across temperate zones. According to Kew’s Plants of the World Online, the native range of *A. sativum* is listed as “Central Asia to NE Iran” ²¹ . Garlic grows best in

temperate climates with cool winters and dry hot summers (though it does not tolerate extreme heat or humidity).

As a geophyte, garlic avoids summer drought by storing reserves in the bulb. It prefers full sun and well-drained soils; waterlogging or saturated soil can rot the bulbs. Soil pH optimum is mildly acidic to neutral (about 6.0–7.0) ¹⁰. It is found in anthropogenic habitats (gardens and fields), but wild or feral populations are rare given its sterility.

Pests, Diseases, and Defense Mechanisms

Diseases: Garlic is susceptible to several serious diseases, mainly fungal and viral. The chief disease is **white rot** caused by *Sclerotium cepivorum*, which infects roots and bulbs and can persist in soil for decades. Basal (Fusarium) rot, caused by *Fusarium proliferatum* and *F. oxysporum*, attacks bulbs in field and storage. *Botrytis allii* causes neck rot and leaf blights. *Alternaria porri* (purple blotch) causes purple lesions on leaves, reducing yield ²². Downy mildew and various viruses (Onion yellow dwarf, leek yellow stripe, etc.) can also infect garlic foliage. Planting disease-free stock and crop rotation (3+ years off Alliums) are key controls.

Pests: Insect and nematode pests include onion thrips (*Thrips tabaci*), which can stunt foliage; bulb mites (e.g. *Rhizoglyphus* spp.); nematodes (stem and bulb nematode, *Ditylenchus dipsaci*); onion maggot (*Delia antiqua*), though garlic is less preferred than onion; and the leek moth in some regions. Many growers note garlic has relatively few pests, perhaps due to its sulfur compounds.

Defense Mechanisms: Garlic's chemical defenses are potent. Allicin and related thiosulfinates, produced when tissues are damaged, have antimicrobial effects and likely deter many pathogens and pests ⁸. The characteristic oniony odor is an evolutionary deterrent. Physical defenses include the tough papery bulb tunics that slow infection and the ability to regenerate from dormant buds.

Cultivation Practices (Biology of Production)

Effective garlic cultivation leverages its biology. Garlic thrives in **well-drained loamy soils** enriched with organic matter ¹⁰. Soil should be loose (well-tilled) to allow bulb expansion. A slightly acidic to neutral pH (≈ 6.0 – 7.0) is ideal ¹⁰. Nitrogen demand is high: studies and extension guidelines recommend 100–150 lb N/acre (or equivalent in compost/urine) split between pre-plant and spring top-dress ²³. Excess phosphorus should be avoided (garlic requires relatively little P) ²⁴. Garlic is drought-tolerant once bulbing begins, but uniform moisture is important up to bulbing. Drip or soaker irrigation supplying about 1 inch/week during active growth is typical ²⁵. Irrigation is usually stopped 2–3 weeks before harvest to harden wrappers ²⁵.

Garlic is usually **fall-planted** in temperate zones (1–2 weeks after first frost) ²⁶ ²⁷. Cold winter temperatures are needed for vernalization. Bulbs from the previous season are broken into cloves (each clove to be planted). Seed-cloves are often chilled (e.g. in refrigerated storage) before planting to ensure even sprouting. In subtropical regions, planting is often done in winter (taking advantage of local cool period).

Hardneck varieties require scape (flower stalk) removal. When the curled scape first appears in late spring, it is snapped off at the base to force energy back into the bulb. Weed control and mulching (e.g. with straw)

are important in spring to protect soil temperature and moisture. Many cultural practices (row spacing, planting depth ~2") optimize bulb size.

Post-harvest Biology and Storage Physiology

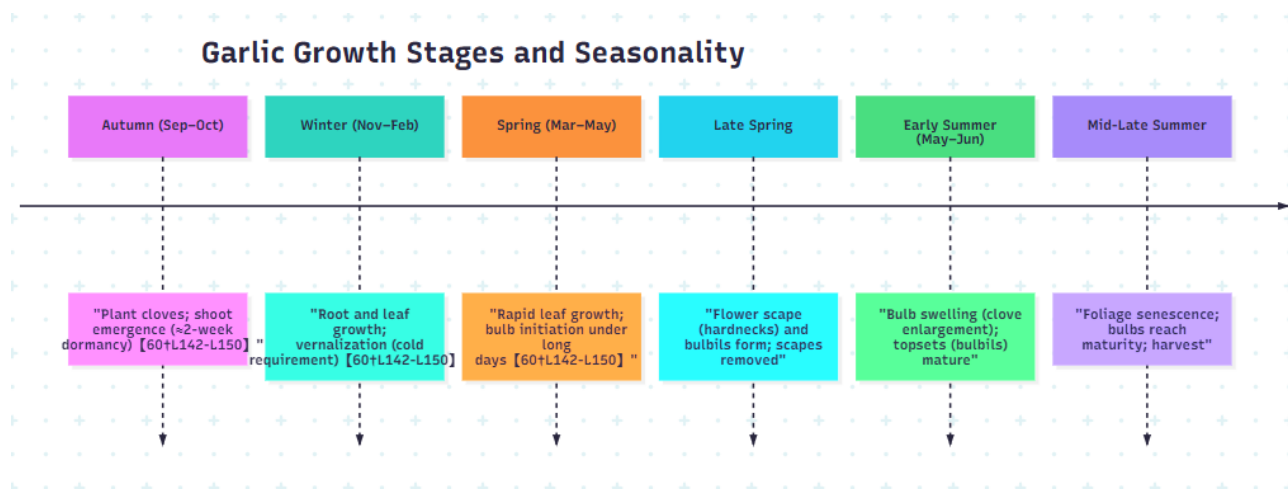
Garlic bulbs are harvested when foliage dies back in summer. After lifting, bulbs are **cured** (dried) to harden the outer sheaths and halt physiological activity. Curing typically occurs at ambient temperature with good air flow. Once cured, garlic enters a storage dormancy. Optimal storage conditions are cool (5–15 °C), dry (65–70% humidity), and dark; these prolong shelf life by minimizing sprouting and rot. Prolonged storage at moderately low temperature (40–50 °F) keeps cloves dormant, but too cold (<0 °C) can cause chilling injury ("rough" skins) ¹⁹. If stored warm (>18 °C) or wet, bulbs will sprout prematurely or mold.

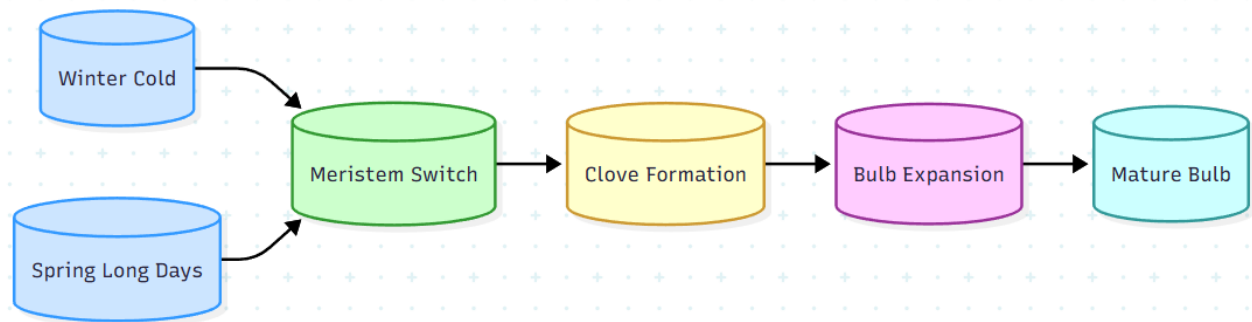
Dormancy length depends on variety and conditions; most commercial garlic can be stored for 6–12 months. During storage, metabolic respiration continues slowly; bulbs consume some of their stored sugars. Before replanting as seed stock, some warm storage (30–50 °F) followed by planting induces sprouting. Clove viability declines over time, especially at higher temperatures.

Current Research Gaps and Future Directions

Despite its long history, garlic research lags behind other crops because of its sterility and genetic complexity. Key gaps include: breeding true-seed varieties (or restoring fertility) to allow conventional breeding; understanding the genetic control of bolting, bulb formation and clove development; and elucidating the regulation of sulfur metabolism for enhanced bioactive compounds. The recent availability of garlic genome and transcriptome sequences ⁵ is opening new avenues for gene discovery (e.g. genome-wide association studies for bulb traits) ¹³ ¹⁵. Agronomically, research is needed on optimal vernalization regimes, low-input cultivation (e.g. organic systems), and new pest/disease resistances (especially to incurable pathogens like white rot). The impact of climate change on garlic phenology (photoperiod vs. temperature cues) is also a concern for future adaptation. Overall, integrating genomic tools with physiology and traditional germplasm screening promises to accelerate garlic improvement.

Tables: Table 1 (above) compares main cultivar groups. A life cycle table and major phytochemical table are summarized in the text.





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Executive Summary

Garlic (*Allium sativum*) is a clonally-propagated, long-day bulb crop valued for culinary and medicinal uses. It does **not set fertile seed**; instead it regenerates *vegetatively* by planting cloves or bulbils ¹ ². Propagation involves carefully selecting large, disease-free cloves, vernalizing them (exposing to cold) to promote bulb initiation, and planting at 1–3 inches depth in well-drained soils with pH 6.0–7.0 ³ ⁴. Garlic is a heavy feeder (often requiring 125 lb N/acre split applications) ⁴ and thrives in cool winters and mild springs. Cultivation practices include fall planting (in temperate zones) or winter planting (in subtropics), mulching overwinter, spring fertilization and irrigation (≈ 1 in/wk), and timely scape removal on hardneck types to enhance bulb size ⁵ ⁶.

Major pests include onion maggot (though it rarely damages garlic significantly), thrips, nematodes, and leek moths; diseases include white rot, Fusarium (basal) rot, downy mildew, purple blotch and viral diseases. Management is via **IPM**: use *clean, disease-free planting stock*, long rotations (≥ 3 years off Alliums), sanitation (clean equipment), and cultural tactics (hot-water dip of cloves at $\approx 115^\circ\text{F}$ to kill pathogens, mulching, weed control). Biological controls (e.g. *Beauveria bassiana*, insect-parasitic nematodes) may help small pests, while chemical controls include fungicides (e.g. tebuconazole for white rot ⁷; mefenoxam/mancozeb for downy mildew ⁸) and insecticides (spinosad for thrips). Integrated approaches (e.g. *reflected mulches, row covers, crop rotation, timing*) are key.

Garlic grows through distinct stages: planting→sprouting→vegetative growth→bulb initiation and scape development→bulb enlargement→ripening. Bulb enlargement (the “fruiting” stage) is photoperiod- and vernalization-dependent: long days and cool conditions trigger bulb formation. Harvest timing is judged by leaf senescence (commonly when $\sim 50\%$ of leaves yellow) ⁹. Bulbs are cured (dried) in ventilated shade then stored at $\sim 0\text{--}4^\circ\text{C}$ and 65–70% RH for 3–6 months ¹⁰ ¹¹. Typical yields range from $\sim 5,000$ to 17,000 lb/acre ¹², depending on variety and conditions. Cultivar differences (hardneck vs softneck, clove number, scape presence, storage longevity) guide variety choice for climate and market. Propagation and crop schedules vary by region and cultivar. The following chapter provides a complete, step-by-step treatment of garlic propagation (natural and vegetative), nursery practices, planting and cultivation protocols, pest/disease management (with ID, life cycles, and IPM charts), nutrient management, growth staging (with timelines), harvest/curing, and replanting considerations. Tables compare propagation methods, cultivar traits, fertilizer regimes, pest symptoms and controls, and a planting calendar; mermaid diagrams outline growth stages and IPM flow. Where data is lacking, gaps are noted for further research.

Natural Regeneration

Garlic does **not regenerate naturally from seed** under normal cultivation. Most cultivated garlic varieties have lost fertility and produce no viable seeds ¹. Even when a hardneck garlic produces a flower (scape), the flowers are usually sterile or form only bulbils (topsets) – small aerial cloves ¹³ ². True seed propagation of garlic is very rare and usually experimental, so “natural regeneration” by seed is essentially absent. In the wild, species related to garlic (e.g. *Allium vineale*, wild garlic) do set seed, but *A. sativum* relies on human-mediated propagation. Thus, all cultivated garlic is renewed through planting of vegetative parts (cloves, bulbils, or tissue-cultured cloves) rather than seeds ¹.

Vegetative Regeneration

Clove division. The primary form of vegetative propagation is by dividing the harvested bulb into individual cloves (daughter bulbs) and planting them. Each clove acts like a small bulb, producing roots and shoots after planting. Best results come from using the **largest, outer cloves** (they yield the biggest bulbs) and saving the smaller cloves for cooking ¹⁴ ⁵. To propagate, separate and cure cloves until planting time (store in a cool, dry place; some sources recommend pre-chilling cloves to improve sprouting ¹⁵). Plant each clove with the basal plate down (roots side) and pointed tip up, at ~1–3 in. depth. Optimal planting depth is about 1–1.5 inches for temperate regions ⁵; tropical producers often plant 1–1.5 inches deep as well ¹⁶. Spacing in-row is typically 3–6 inches (8–15 cm) between plants and 15–30 inches (40–75 cm) between rows ⁵ ¹⁴. Tight spacing favors more cloves per unit area but may reduce bulb size. Plant large, uniform cloves to ensure even maturity. The basal plate often sprouts a little prior to or during planting, and emerging roots can withstand light frost.

Bulbil (Topset) propagation. Many hardneck varieties produce a cluster of bulbils at the top of their flowering stalk (scape). These aerial cloves can be collected and used as planting material. However, bulbils produce very small bulbs in the first season, requiring 2–3 years of replanting to yield a typical bulb size ¹³. Thus, bulbils are seldom used for commercial propagation except for strain preservation or niche production. Nevertheless, bulbils demonstrate garlic's clonal regeneration capacity: they are essentially clones of the mother plant and will eventually produce true garlic bulbs. If used, bulbils are typically sown in rows or nursery beds, then transplanted to field spacing in subsequent years. Yields from bulbils are much lower initially, and selection of big bulbils helps speed bulb development.

Corm and tissue culture (advanced methods). In vitro propagation (meristem culture) and somatic embryogenesis protocols have been developed to multiply garlic clonally and eliminate viruses ¹⁷. These laboratory methods yield “clean” seed garlic free of pathogens. However, they are beyond routine cultivation and mainly of research or seed certification interest. Practical growers rely on clove division. Note: *Allium ampeloprasum* (elephant garlic) is not true garlic; it also propagates by division but is botanically different.

Nursery Propagation

Garlic is usually direct-planted in the field or garden. However, nursery (greenhouse/bed) techniques may be employed in some operations, particularly for raising garlic transplants or bulbil seedlings. Nursery propagation can help overcome limited seedstock availability or seedling establishment issues.

- **Clove sprouting in trays:** Cloves may be pre-sprouted or germinated in flats or pots. Seed cloves are planted shallowly in trays (~1 in deep) in a light, well-drained medium (peat:vermiculite mix or general potting soil). They are kept moist and cool to induce root and shoot growth. After roots establish (2–4 weeks), seedlings can be moved to individual containers or hardened off and transplanted. This method ensures uniform emergence and can extend the planting window. However, garlic seldom needs transplanting because cloves handle soil conditions well.
- **Bulbil sowing:** To raise bulbils, seed the bulbils in nursery flats or beds at about half-inch depth in late spring. Young plants are grown 1–2 seasons before transplanting or digging bulbs. Seedlings require the same culture as cloves (sunny, moist soil, moderate nitrogen). Nursery stock must be

hardened (gradually acclimated to field conditions) by reducing water and growing slowly before transplant. Containers should be tall enough for root growth.

- **Seed (true seed) sowing:** Very rarely, if fertile garlic seed is available, one can sow it like onion seed. Seed should be treated to break any dormancy (scarification or stratification) and planted in trays or plug cells in late winter. Thin seedlings and transplant at 2–4 leaves. Garlic seed crops and use are specialized (some heritage or research cultivars). No extension of seed propagation is needed beyond this summary.

Note: Almost no commercial garlic propagation uses cuttings or layering; garlic lacks adventitious rooting on stems, so *stem cuttings are irrelevant* ¹. Garlic regeneration is strictly by bulbs, bulbils or seed.

Cuttings (Relevance to Garlic)

Garlic is *not propagated by cuttings*. Some plants (e.g. coleus, tomatoes) readily root from stem cuttings, but garlic's architecture does not allow it. The basal plate does not produce multiple offsets like iris, nor do stems root. Thus, "cutting" methods are not applicable. Any suggestion of garlic cuttings likely confuses garlic with its relatives (onion sets may produce multiple small bulblets when tops fail).

Plantings

Proper planting is critical. Garlic prefers a deep, friable loam or sandy loam, rich in organic matter ¹⁸ ¹⁹. Avoid heavy clay or waterlogged soil which can deform bulbs and promote rot ¹⁸. Use beds or raised rows in poorly drained areas. Soil pH should be adjusted to 6.0–7.0 ³; lime or sulfur is applied if outside this range. Conduct a soil test for baseline fertility and micronutrients.

Planting time: In temperate climates, garlic is *fall-planted*, typically 2–4 weeks before first hard frost to allow root establishment, then mulched for winter ⁵ ¹⁴. In milder regions or for "winter garlic" varieties, planting can extend into late fall. If planting in spring (for short-season varieties), use early planting to avoid bulb formation until days lengthen sufficiently. The Minnesota guide recommends planting just after first frost ²⁰; Iowa recommends October to early November ²¹.

Clove preparation: Select only large, firm cloves from healthy bulbs. On the day before planting, *separate cloves* and cure them briefly (few days in shade) to dry any wounds ⁶. Some growers "shock" or pre-sprout cloves by storing at 0–5°C for several weeks to improve uniform sprouting, especially if soil is cold ¹⁵. Avoid planting cloves from grocery garlic (often treated to inhibit sprouting and poorly adapted). The *baseplate* should be intact, as new roots emerge from it ²².

Planting depth and spacing: Place cloves root/basal end down, point up. The usual recommendation is 1–2 inches deep (3–5 cm) for bulbs ⁵ ¹⁶. (The depth may be increased to 3 inches in light soils if needed.) Row spacing varies: home gardens often use 18–24 in. between rows ⁵; commercial beds may be 30–40 in. (esp. if using beds or wide-row culture ⁶). In-row spacing of 4–6 inches ensures medium-large bulbs ¹⁴. Farmers may plant in "twin rows" or 6 inches apart on 30–40 in. centers ⁶. After planting, mulch the bed with 3–6 inches of straw or leaf litter to insulate and suppress weeds ⁵ ²³. In early spring, the mulch is often pulled aside to warm soil.

Irrigation: Water immediately after planting. In spring, supply ~1 inch/week, either by rain or irrigation ²⁴ ²⁵. Do not over-water clay soils. As bulbing begins in late spring/early summer, gradually reduce irrigation. Stop watering ~2 weeks before harvest ²⁵ (often in midsummer) to encourage drying and prevent rot.

Weed control: Garlic is a poor competitor, especially early on, due to its slow initial growth. Control weeds via shallow cultivation (be careful not to disturb shallow roots) or use of mulch ²⁶. Organic mulches (straw, grass clippings) suppress weeds and conserve moisture, but avoid weeds in the mulch itself.

Management of Pests and Diseases

Garlic is relatively pest-resistant but still faces key threats. An integrated approach is needed: **identify** the pest or disease (symptoms, life cycle) and apply timely controls. Below are major garlic pests and diseases, with their diagnosis and lifecycle notes. Subsequent sections detail cultural, chemical and biological controls.

- **Onion maggot (*Delia antiqua*):** A fly whose larvae (maggots) feed on young onion and garlic roots and bulbs. Adults are small gray flies; eggs are laid near seedlings in cool, high-organic soils. Maggots tunnel in bulbs causing decay. *However*, onion maggot usually *causes little economic damage to garlic*; garlic's thicker papery skins and late emergence often reduce impact ²⁷. Symptoms (if present) include wilting seedlings, tunneling damage in the basal plate or young bulbs. Maggot damage often lets in secondary rot pathogens (bacteria or fungi). **Lifecycle:** Multiple generations per year in cool regions ²⁸. Maggot persists in soil where onions/garlic have been grown.
- **Thrips (Onion Thrips, *Thrips tabaci*; Western Flower Thrips):** Tiny 1–2 mm insects that rasp leaf tissue, causing silvery, streaks or stippling. Thrips build up in hot, dry weather and feed on leaves (often in folded leaves near the bulb). While *onions suffer more*, garlic can get thrips, especially mild-dry climates ²⁹. Damage appears as silvery patches or brown scars on leaves. High numbers during early bulbing can reduce bulb size. Thrips can also vector viruses (e.g. Iris Yellow Spot Virus) though that is less common in garlic. **Lifecycle:** Multiple overlapping generations; eggs in leaf tissue, larvae/nymphs on plants (hidden under leaves), pupation in soil. Thrips thrive with warm, dry conditions.
- **Bulb/Nematodes (e.g. *Ditylenchus dipsaci*, *Meloidogyne* sp.):** The parasitic *stem and bulb nematode* (*Ditylenchus dipsaci*) is a serious concern worldwide. Nematodes invade leaves, bulbs and cloves, causing swelling, distortion, soft rot and blisters. Infected bulbs shrivel at neck; leaves may wilt. They survive in dry plant debris and reproduce inside plant tissues. Root-knot nematodes (*Meloidogyne* spp.) also attack garlic roots, causing galls; stunting and patchy stands result. **Note:** Co-infection of nematodes and Fusarium often exacerbates damage ³⁰.
- **Leek moth (*Acrolepiopsis assectella*):** A caterpillar pest of alliums. Larvae tunnel leaves (window-pane damage) and bulbs. Seen in some regions (e.g. PNW, Europe). Leaves show translucent tunnels and mothpupae.
- **Thrips (excessive), Bulb mites (e.g. *Rhizoglyphus* spp.):** Minor pests that can feed in bulb decay; often secondary invaders.

- **Leaf miners, cutworms** and other generalists: Occasional but rarely severe on garlic. Slugs/snails may feed on young shoots in cool, moist areas.
- **Fusarium Basal Rot:** Caused mainly by *Fusarium proliferatum* and *Fusarium oxysporum* fungi ³¹ . Infection usually starts at the basal plate (stem) of the bulb, then moves up the scales. Symptoms: yellowing of lower leaves, wilting, then browning die-back from tips. When cut, the basal plate shows brown rot and dry, crumbly tissue ³² . Infected bulbs may rot in storage. **Lifecycle:** Soilborne; spores/sclerotia can persist years. Cooler, moist conditions favor spread (77–82°F soil) ³³ . Also associated with nematode damage.
- **White Rot:** Caused by *Stromatinia cepivorum* (syn. *Sclerotium cepivorum*) ³⁴ ³⁵ . Very destructive to onions and garlic. Symptoms: white fluffy mycelium and black sclerotia on base of rotting bulbs. Plants wilt and yellow; bulbs have a semi-liquid rot. **Lifecycle:** The fungus persists via long-lived sclerotia (dormant black “seeds”) in soil for 20+ years ³⁶ . Only infects Alliums; germination is triggered by Allium root exudates. Prefers cool (50–75°F) moist soil ³⁷ .
- **Downy Mildew:** Caused by *Peronospora destructor* ³⁸ . Appears as grayish-purple fuzzy growth on leaves in cool, humid conditions. Infected leaves yellow and collapse. Large patches may show wind-patterned yellow rings. **Lifecycle:** An airborne fungus. Spores infect foliage during wet, cool weather (e.g. spring/early summer). The pathogen overwinters in infected bulbs or debris ³⁹ .
- **Purple Blotch and Stemphylium Leaf Blight:** Fungal diseases (*Alternaria porri*, *Stemphylium vesicarium*) that cause purplish lesions on leaves/stem; occur in warm, humid climates. Weaken foliage and, if severe, degrade bulbs or storage life ⁴⁰ .
- **Bacterial Soft Rot:** Rare in good fields, but any wounds or insect damage can allow bacteria (e.g. *Pectobacterium*, *Erwinia*) to cause slimy rot in bulbs under wet conditions.
- **Rust (*Puccinia allii*):** An occasional disease (cool, moist conditions) causing reddish-orange pustules on leaves ⁴¹ . Not usually a limiting factor in garlic production.
- **Pink Root (*Phoma terrestris*):** More severe in onions; garlic can show pink to purple root discoloration ⁴² . The pathogen survives indefinitely in soil.
- **Viral Diseases (“Garlic Mosaic” viruses):** Garlic is often infected with potyviruses (Onion Yellow Dwarf Virus, Leek Yellow Stripe Virus, etc) passed by aphids. Infected plants are stunted and produce smaller bulbs ⁴³ . Symptoms: mosaic/chlorosis/stripping on leaves. Since garlic is clonally propagated, viruses accumulate over generations. Clean planting stock (virus-free in vitro or certified seed garlic) is the only way to avoid severe buildup.

Pest and Disease Control (Chemical, Biological, Cultural)

Cultural/Preventive Controls: The cornerstone of management is prevention. Use *clean seed stock*: plant only certified disease-free garlic or healthy home-grown bulbs (avoid any with white rot or Fusarium history). Do not bring cull bulbs or soil from infected fields ⁴⁴ ⁴⁵ . Rotate crops for 3–6 years away from Alliums and avoid planting Alliums in the same ground where white rot or basal rot occurred ⁴⁴ ⁴⁵ .

Employ long fallow or non-host cover crops (corn, mustard, cereals) to reduce nematode and pathogen levels ⁴⁶. Hot-water treatments of seed cloves can disinfest nematodes and reduce white rot inoculum: dip cloves in 115°F (46°C) water for ~30–90 min (monitor closely to avoid damage) ⁴⁷ ⁴⁸.

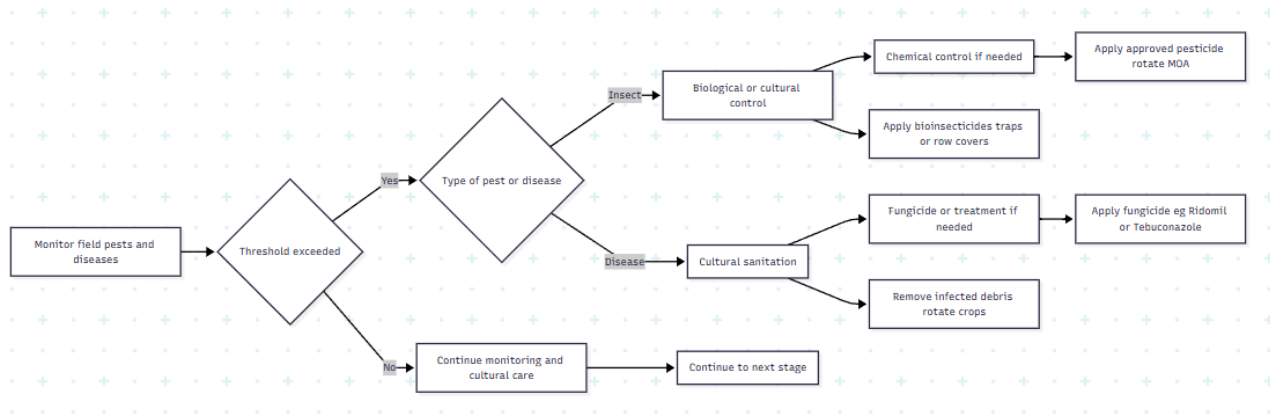
Practice good sanitation: clean tools and tractors between fields to avoid spreading sclerotia or nematodes ⁴⁴ ⁴⁹. Remove and destroy volunteer Alliums and crop debris after harvest, as they harbor pests and diseases. Weed management reduces alternate hosts for thrips and weeds that harbor maggots. Use raised beds and well-drained soils to avoid bulb rots.

Biological Controls: Natural enemies (predatory mites, pirate bugs, lacewings, ladybugs) help suppress thrips and aphids ⁵⁰. Entomopathogenic nematodes (e.g. *Steinernema feltiae*) have shown efficacy against onion maggot larvae when applied as soil drenches ⁵¹. Biopesticides like *Beauveria bassiana* or neem/azadirachtin can reduce thrips populations ⁵². No specific biologicals exist for fungal bulb rots; *biofumigation* with brassica cover crops (mustard) can partially reduce soil pathogens. Encourage beneficial soil microbes via composts.

Chemical Controls: Pesticides should be used judiciously and as part of IPM. Always follow local regulations and crop labels.

- **Insecticides:** For onion thrips, acephate or spinosad are often used pre-bulbing. *Spinosad* (Entrust) and pyrethroids (e.g. lambda-cyhalothrin) may control thrips on garlic, but resistance can develop ⁵³. Insecticidal soaps or horticultural oils can manage minor infestations. For leek moth or cutworms, apply appropriate BT or other insecticides. Biological nematicides (e.g. oxamyl) can suppress bulb nematodes; *Vydate L* (oxamyl) is labeled for onions/garlic (in-furrow) ⁵⁴. However, chemical nematicides (Telone, methyl bromide substitutes) require pre-plant soil fumigation under tarp ⁵⁵ ⁵⁶ and are used sparingly due to cost and hazard.
- **Fungicides:** White rot: no cure exists once present; prevent it by seed health and sanitation. In infested fields, some growers use *diallyl disulfide* (garlic extract) drenches experimentally; currently the main chemical is a pre-plant fungicide band of *tebuconazole* (e.g. Orius® 3.6F at 20.5 fl oz/A) ⁷. This can suppress white rot sclerotia germination. Fusarium rot: no effective foliar spray; options include reducing bulb injury and hot-water dip. Purple blotch/stemphylium: apply broad-spectrum fungicide (chlorothalonil, mancozeb). Downy mildew: spray early at first symptoms and repeat as needed (e.g. 7–10d schedule) with fungicides such as mefenoxam + mancozeb (Ridomil Gold MZ 2.5 lb/A) ⁸, dimethomorph (Forum), or new actives (ametoctradin/dimethomorph – “Zampro” 14 fl oz/A) ⁵⁷ ⁵⁸. Ensure thorough coverage. Copper-based fungicides or chlorothalonil can also help manage downy mildew and purple blotch (labelled uses apply). *Azoxystrobin* and related quinone-oxidase inhibitors (FRAC group 11) are registered for purple blotch. Rotate fungicide classes to avoid resistance.
- **Herbicides:** Garlic tolerates few herbicides; some pre-emergent (dichlobenil in some countries) or post-emergent (sethoxydim or flumioxazin) are used under narrow conditions. Check local extension for specific recommendations. Generally, rely on hand-weeding and mulches.

Integrated Pest Management: Regularly scout fields for pests (e.g. thrips counts, foliar inspections, root digs) and diseases. Use sticky traps for flying insects, and soil baits or pre-plant sample for nematodes. Apply treatments only when thresholds are reached. An IPM approach flows as follows:



This IPM flowchart prioritizes cultural/biological means, resorting to chemicals only when necessary. For example, if onion thrips are found at >30/plant (mid-season), consider an insecticide ⁵⁹. For white rot detection, avoid planting in that soil. Always adhere to pre-harvest intervals (PHI) on labels; for instance, Orius 3.6F requires 7 days PHI ⁷.

Regular maintenance (weeding, soil pH, cover crops) often prevents or mitigates many problems. Economic considerations favor practices that reduce expensive interventions (e.g. testing seed, rotations) over routine chemical use.

Pest & Disease Comparison Table

Pest/Disease	Symptoms/Signs	Cultural Control	Treatment/Control (rates)
Onion maggot (Delia)	Seedling damping-off; tunneling in cloves	Rotate crops; avoid high-organic soil; cover with cloth ⁶⁰	-- (often not needed on garlic; treat onions with spinosad or diazinon if severe)
Thrips (<i>T. tabaci</i>)	Silvery stippling on leaves; bronzing; scarring ⁶¹	Reflective mulch; irrigation; predators ⁶²	Spinosad (Entrust) 12–16 oz/A; azadirachtin; insecticidal soap ⁵²
Stem & bulb nematode	Distorted foliage, swollen/bloated bulbs, brown rings at base ⁶³	Clean seed; 3-yr off Alliums; hot-water dip cloves ⁴⁸	In-furrow oxamyl (Vydate L) 1–2 pt/A ⁵⁴ ; soil fumigation (Telone) pre-plant ⁵⁵
Root-knot nematode	Stunting; root galling	Rotate; organic amendments	Same as above (nematicides)
Leek moth	Leaf window-pane damage; tunneling into bulb	Floating rowcovers; clean up debris	Bacillus thuringiensis (Bt) or spinosad for larvae

Pest/Disease	Symptoms/Signs	Cultural Control	Treatment/Control (rates)
Fusarium basal rot	Yellowing bottom leaves; brown basal plate rot ³²	Rotate; use disease-free seed; cure harvest quickly	None really effective (hot-water seed dips; avoid wounding)
White rot	Fluffy white mycelium on bulb; black sclerotia; plant wilt ³⁴	Start with clean cloves; long rotation; sanitize equipment ⁴⁴ ⁴⁵	Tebuconazole (Orius) 20.5 fl oz/A as soil band pre-plant ⁷
Downy mildew	Gray-white fungal growth on leaves; yellow patches ³⁸ ⁶⁴	Disease-free seed; rotate 3 yrs; avoid leaf wetness ⁴⁵	Ridomil Gold MZ (mefenoxam+mancozeb) 2.5 lb/A; Forum (dimethomorph) 6 fl oz/A ⁸
Purple blotch	Purple-ringed leaf lesions with yellow halo ⁴⁰	Rotate; avoid overhead irrigation; good airflow	Azoxystrobin or chlorothalonil sprays (follow label)
Rust (Puccinia)	Reddish-orange pustules on leaves ⁴¹	Remove crop debris; resistant varieties (if available)	Systemic rust fungicide (e.g. propiconazole) if needed
Mosaic viruses	Mottling, striping; stunting; small bulbs ⁴³	Use virus-free seed; control aphids (e.g. reflective mulch)	No cure; rogue infected plants; <i>optional</i> : insecticide for aphids
Pink root	Roots turn pink-red-purple then decay ⁴²	Rotate 3–6 years; reduce stress	None (mostly non-economic on garlic)

Cultivation

Garlic prefers full sun ($\geq 6-8$ hr/day) and a cool to moderate climate (well adapted to temperate zones). Ideal day temperatures during vegetative growth are 60–75°F; bulb development is promoted by cooler nights and long days (photoperiod $\sim 13+$ hours) ¹⁵. Exposure to cold (vernalization) is crucial: cloves often require weeks at near-freezing temperatures (32–40°F) to trigger bulbing ¹⁵. In warm-winter areas, refrigerated storage of seed cloves before planting is common to ensure vernalization ¹⁵.

Garlic has a shallow root system, so it cannot tolerate drought. Steady moisture (1 in/week) through vegetative growth is important ²⁴ ⁶⁵. As bulbing starts, reduce watering to allow leaves to yellow. Soils should be well-drained; garlic dislikes saturated or compacted soils ¹⁹.

Soil & Climate: Optimal soils are loamy with high organic matter. Heavy clay or rocky soils cause misshapen bulbs ¹⁸ ¹⁹. Adequate drainage is key to prevent rot. Soil should be rich in nitrogen and potassium but not excessive phosphorus. Garlic’s nutrient uptake is high, so pre-plant amendments and balanced fertilization (especially N and K) are critical ⁴.

Temperature & Photoperiod: Vernalization (cold) for 4–8 weeks at ~35–45°F is often required; without it, plants will spurt foliage but form small bulbs ¹⁵. Longer days in spring (after March equinox) signal bulb initiation. High summer heat (>85°F) before bulb maturity can halt growth (“dry-down” phase) and force harvest ⁶⁶ ⁶⁷.

Weeds: Garlic is a poor competitor early on. Cultivation should be shallow to avoid damage. Organic mulches suppress weeds and conserve water. Pre-plant soil solarization (tarps) can kill weed seeds and pathogens.

Environmental Stress: Frost can damage emergent shoots; a good mulch mitigates winter kill. In hot, humid climates, garlic may bolt prematurely if stressed or if day-length requirements are met too early.

Fertilizing

Garlic is a **heavy feeder**, particularly of nitrogen and potassium ⁴. It requires more fertilizer than many vegetables. Always start with a soil test. Typical N:P:K recommendations (per acre) are on the order of **125–150 lb N, 100–150 lb P, 150 lb K** ⁴, adjusted to soil levels.

- **Pre-plant:** Incorporate compost or aged manure in fall for organic matter. Apply phosphorus and potassium based on soil test (e.g. 0–30–30 or similar formulations). Lime may be applied if pH <6.0.
- **Nitrogen:** Garlic needs split N. A common program (from CTAHR, HI) is six weekly applications of ~50 lb N/acre (46-0-0) starting 1 week after transplant ⁴: e.g. 7, 14, 21, 28, 35, 42 days after planting, 54 lb N/acre each ⁴. Iowa recommends 1–2 lb 10-10-10 per 100 ft² before planting (≈200–400 lb/A) and 1 lb/100 ft band side-dressed in spring ⁶⁸. University of Minnesota suggests top-dressing urea at emergence and 2–3 weeks later ⁶⁹. Avoid applying N late in the season (within ~6–8 weeks of expected harvest) to prevent delayed maturity ⁷⁰.
- **Phosphorus & Potassium:** Often sufficient in most soils; but if P is high, use low-phosphorus fertilizers (e.g. 27-3-3, 0-27-27) ⁷¹. K can be side-dressed if needed. Do not exceed label rates for any mineral to prevent salt burn.
- **Micronutrients:** Generally not critical, but sulfur can enhance flavor (garlic requires sulfur like onions). Foliar or soil trace minerals (B, Fe) are rarely needed unless deficiency observed (very uncommon).

Below is a sample weekly N schedule (HI Extension, using 46-0-0 liquid):

Days After Planting	Nitrogen Source	N Applied (lb/acre)
Pre-plant	0-30-30 (fertilizer)	P & K per soil test
7	Urea (46-0-0)	54
14	Urea	54
21	Urea	54

Days After Planting	Nitrogen Source	N Applied (lb/acre)
28	Urea	54
35	Urea	54
42	Urea	54 (stop N here)

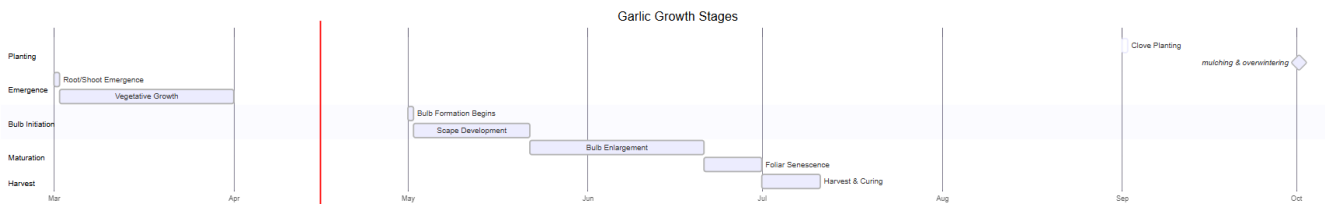
Table: Example garlic N fertilization schedule (rates per CTAHR, Haleakala). Stop N before bulbing begins (~6–8 weeks).

Fertilizer should be lightly tilled in or banded away from cloves (to avoid salt injury). Side-dress early in spring with half the season’s N when shoots are ~2–4 inches tall, and the rest 2–3 weeks later.

4 shows that garlic typically needs about 125 lb N/acre total, applied early; similar guidance is given by Iowa Extension 68. A deficiency of N results in pale, slow growth; excess N delays bulb formation and causes soft tissue.

Growth Stages

Garlic’s development can be broken into key stages. Below is a generalized timeline (temperate season, fall-planted) visualized in mermaid code:



- **Planting to Emergence:** After planting in fall, roots start growing. Shoots may emerge later in winter (if not mulched) or in early spring. Initial leaves form a loose rosette.

- **Vegetative Growth:** In spring, foliage growth accelerates. Scape formation (if any) begins as a round bud at plant center. Garlic plants grow ~1–2 ft tall (hardnecks scapes emerge in mid-spring, softnecks remain mostly just leaves).
- **Scape (Inflorescence) Stage:** Hardneck garlic initiates a flower scape that elongates and curls. (Softnecks typically do not form scapes). Removing the scape diverts energy to bulbs ⁷² ⁷³ .
- **Bulb Initiation and Enlargement:** After sufficient cold and under long days (late spring), daughter bulblets form around the basal plate. Bulb cells expand rapidly through early summer. This is the “fruiting” stage of garlic: forming and filling the bulb. Scapes should be cut before they open (when the curve fully forms) to maximize bulb size ⁷² ⁷³ .
- **Maturation (Dry-down):** Foliage begins to yellow from tips downward (usually mid-summer). Bulb scales mature and dry. Stop irrigation ~2 weeks before harvest ²⁵ . Bulbs reach final size and wrappers tighten around cloves.
- **Harvest:** When ~50–80% of leaves have died back (40–60% yellow is a common index) ⁹ , bulbs are dug. Overmature bulbs may split; early harvest yields small bulbs with poor storage.

Image: **Growth stages of garlic** (schematic). ✖(See timeline above)

Fruiting (Bulb Development)

Garlic “fruit” is the bulb. Bulb development depends on variety, vernalization, photoperiod and nutrition. Key points:

- **Bulb structure:** A garlic bulb is an underground cluster of cloves (each a little bulblet) enclosed by dry papery scales ²² . Hardneck types typically form one circle of 4–12 cloves; softnecks can have 10–20+ claws of cloves. Varieties vary in color (white, purple, striped) and number/size of cloves. [See *Cultivar Traits* table below.]
- **Verifying Bulbing:** Adequate winter chilling and long spring days trigger flowering/bulbing. In absence of cold, plants keep making leaves and may bolt to flower without bulb growth. For instance, Hawaii growers refrigerate cloves at 40°F for ~6–8 weeks to mimic winter ¹⁵ . Otherwise, warm winters yield scrawny bulbs.
- **Nutrition:** As noted, no high N after ~6 weeks or after scaping; otherwise plants remain vegetative. High potassium throughout summer is beneficial for bulb size and storage.
- **Scape removal:** On hardneck garlic, a central scape (flower stalk) appears. If left, it will form a umbel of bulbils ⁷⁴ . However, bulbils *compete for energy* and reduce bulb size ⁷⁵ . Therefore, it is standard practice to cut off the scape at its base as soon as the first loop forms ⁷² ⁷⁴ . The scape is edible, and its removal is often called “pruning” or “snapping the scape”. Removing the scape early (late spring/early summer) usually increases bulb yield.

- **Bulb enlargement:** After scaping, garlic continues to grow foliage and transport sugars into the basal cluster of scales. Bulb size is then mostly a function of the initial clove size and growth conditions. Cloves “fatten” inside the bulb wrapper layers. The bulb’s outer scales become the wrappers on harvested garlic. The number of wrapper layers equals the number of leaves.
- **Monitoring maturity:** Maturity indices (e.g. number of dried leaves) are used to judge readiness ⁹. Typically, harvesting starts when lower leaves (~40–60%) are yellowed. For long-term storage, growers often wait until more leaves die, but risk splits if delayed or if rain intervenes.

Mermaid Timeline: (textual: Plant→Sprouts→Leaves grow→Bulb init.→Scape→Bulb enlarge→Harvest)

Harvesting

Garlic is harvested in summer (June–August in temperate zones; earlier in warm areas, later in tropics). Harvest when tops yellow and begin to fall over. Iowa recommends digging when most leaves are brown ⁶⁷. Use a fork or spade to gently lift bulbs (avoid cutting them).

After pulling, bulbs must be **cured** to dry out leaves and outer skins. Spread them in a well-ventilated, shaded area for 1–2 weeks ¹⁰. Do not expose to direct sun (causes scorching). Airflow is critical. A warm, dry shed or greenhouse bench works well. Once necks are dry, trim foliage to ~1 in above the bulb ¹⁰. Also trim roots and remove debris.

Properly dried garlic keeps for months. Store bulbs at ~32–40°F (0–4°C) and 60–70% relative humidity ⁷⁶. Under these conditions, storage life is typically 3–6 months ⁷⁶ ¹¹. Some hardneck varieties store only 3–4 months, whereas many softnecks can store 6–9 months ⁷⁷. Avoid high humidity or warm temperatures which encourage decay by *Fusarium* or *Penicillium*.

An alternate harvest method is to braid softneck garlic by their dried leaves and hang for curing and storage (common in California).

Yield & Troubleshooting: Bulb yield varies with variety and management. Well-grown garlic can yield ~10,000 lb/acre (11 t/ha) ¹²; smaller plantings may yield less. Smaller than expected bulbs can result from inadequate vernalization, late planting, nutrient deficiencies, or leaving scapes intact. Common harvest issues: bulb splitting (usually due to delaying harvest or excessive rain), sunscald, or secondary rot from fungi. Maintaining proper field timing and careful handling prevents many of these.

Pruning – Re-planting

- **Scape removal (Pruning):** As discussed, remove garlic scapes (flower stalks) on hardneck cultivars in late spring. Snap off or cut low at the whorl once curving is complete ⁷² ⁷⁴. This practice forces the plant to direct energy into the bulb. Use sharp shears. The harvested scapes are edible (garlic-flavored “greens”) and can be sold or eaten.
- **Re-planting (Seed stock selection):** After harvest, select the best bulbs for the next planting. The general rule is: “*The biggest bulbs make the biggest bulbs next year.*” Save the largest, healthiest bulbs (and within them, the largest cloves) as “seed garlic” for next season ¹⁴. Number of cloves per bulb

varies by type, but usually you'll choose a dozen good bulbs to provide enough cloves. Avoid storing these bulbs too long; plant them in fall or the next suitable season.

Before storage, sort and discard any bulbs with disease symptoms or soft scales. Keep seed stock in optimal conditions (cool, dry) to maintain viability.

Species/Cultivar Differences

There are two subspecies: **hardneck** (*A. sativum* var. *ophioscorodon*) and **softneck** (*A. sativum* var. *sativum*)^{1 2}. Hardnecks produce flower stalks (scapes) and bulbils; they usually have 4–12 large cloves and complex flavor. Softnecks lack scapes (hence flexible stems for braiding), have 10–30 smaller cloves, and generally store longer⁷⁸. Hardnecks are better adapted to cold climates; softnecks prefer long growing seasons. Within hardnecks are types like Rocambole, Purple Stripe, and Porcelain (each with distinct clove color, peelability, flavor and storage life)^{79 80}. Softneck types (Artichoke, Silverskin) produce mild-to-hot flavors and store 6–9 months. Elephant garlic (*Allium ampeloprasum*) is not a true garlic but a leek relative; it forms few very large cloves with mild flavor⁸¹. When selecting varieties, consider climate (cold winters favor hardnecks), intended use (fresh eating vs braiding vs long storage), and disease resistance (some Spanish Roja, Inchelium Red, Music, etc., are noted for performance in cooler zones^{82 2}).

Trait Comparison:

Trait	Hardneck (e.g. Rocambole, Purple Stripe)	Softneck (e.g. Artichoke, Silverskin)
Scape Production	Yes (thick, curly scape)	Rare/none
Clove Count	~4–12 large cloves	~10–30 smaller cloves
Flavor	Complex, often robust	Usually milder (some very pungent)
Storage Life	Shorter (3–6 mo)	Longer (6–9 mo)
Braiding	No (stiff neck)	Yes (soft flexible neck)
Climate Adaptation	Chilly winters, shorter seasons	Longer, milder climates

Tables

Propagation Methods:

Method	Material Used	Pros	Cons
<i>Clove planting</i>	Individual cloves	Quick yields; consistent	Requires 1 year to bulb; disease carry-over in cloves
<i>Bulbil planting</i>	Aerial bulbils (scapes)	Produces many “seed” easily	2–3 years to harvestable bulbils; low initial vigor
<i>True seed</i>	Rare fertile seeds	Genetic variation possible	Seed is scarce/sterile; bulb yields tiny

Method	Material Used	Pros	Cons
<i>Tissue culture</i>	Meristem clones	Virus-free planting stock	Expensive lab process; used for clean stock
<i>Cuttings</i>	Stem cuttings	—	Not applicable to garlic

Fertilizer Schedule (example):

Time	N Source	Rate (lb/A)	Notes
Before planting	10-30-30 fertilizer	150 P,150 K	Incorporate based on soil test
1 week after planting	Urea (46-0-0)	54	Apply in narrow band or furrow ⁴
2 wks after planting	Urea (46-0-0)	54	54 lb each week for 6 weeks total ⁴
...
At 6-7 wks (bulbing)	-	0	Stop N to encourage bulbing ⁷⁰

Cultivar Traits:

Variety/Type	Scape	Cloves per Bulb	Skin Color/Pattern	Storage	Recommended Region
'Music' (Roc.)	Yes	5-7	White w/ purple	4-6 mo	Northern/temperate
'Spanish Roja' (P)	Yes	4-6	Deep red-purple	4-8 mo	Cooler climates (Mar & Braids)
'California Late' (S)	No	20+	White	6-9 mo	Mild climates (CA)
'Inchelium Red' (S)	No	12-18	Pink-brown blush	6-8 mo	Pacific Northwest
Elephant Garlic (leek)	N/A	4-6 large	Off-white	3-4 mo	Similar to garlic regions

(Roc.: Rocambole; P: Purple stripe; S: Softneck Artichoke/Silverskin.)

Pest/Disease Symptoms & Controls:

Pest/ Disease	Symptom/Damage	Monitoring/ Lifecycle	Key Controls / Chemicals
Onion maggot	Wilting seedlings; bulb cavities ²⁷	Eggs in soil near plants; maggots feed on roots	Cultural: cover crop, avoid onion residues; Bio: entomopathogenic nematodes; Note: garlic rarely economically damaged ²⁷
Thrips	Silver flecks, distorted leaves ⁶¹	Eggs in leaves, multiple gens/yr	Bio: predatory mites, <i>Beauveria</i> fungi; Cult: reflective mulch, overhead irrigation; Chem: Spinosad (Entrust) 12–16 oz/A (REI 4h) ⁵²
Stem & bulb nematode	Leaf deformation, bulblet proliferation, soft rot ⁶³	Worms in bulbs; survive years in debris	Clean seed; Hot-water dip (115°F 30–60min) ⁴⁸ ; In-furrow Oxamyl 1–2 pt/A (Vydate) ⁵⁴ ; Pre-plant fumigation (Telone®)
Fusarium Basal Rot	Yellow basal leaves; brown basal plate ³²	Soilborne spores, favored 77–82°F ³³	Cultural: rotate 4+ yrs, test seed & cull diseased; Store bulbs <39°F ⁸³ ; No curative fungicide
White Rot	Leaf yellowing; fluffy white mycelium & black sclerotia on bulb ³⁴	Survives 20+ yrs as sclerotia in soil ³⁶	Avoid (clean seed, rotate 6+ yrs) ⁴⁴ ; Hot-water cloves; Pre-plant Tebuconazole (Orius 3.6F) 20.5 fl oz/A ⁷
Downy Mildew	Purple-gray sporulation on leaves; yellow patches ³⁸	Airborne spores; requires leaf wetness	Rotate 3 yrs; avoid overhead irrigation; Sprays: Ridomil Gold MZ (2.5 lb/A, REI 48h) ⁸ , Orondis (5.5–8 fl oz/A) ⁵⁷ , Forum (6 fl oz/A)
Purple Blotch	Red-purple lesions on leaves, often ringed ⁴⁰	Favors warm humid weather	Cultural: remove old residue; Chemical: Azoxystrobin or Chlorothalonil at label rate
Rust	Orange pustules on leaves ⁴¹	Warm-wet weather favored	Remove volunteers; fungicides (e.g. propiconazole) if needed
Mosaic viruses	Mottling/stripping of leaves; stunting ⁴³	Aphid-transmitted; propagates in cloves	Use virus-free clones; control aphids (reflective mulch, insecticides); rogue infected
Pink Root	Roots turn pink-red-purple ⁴²	Soilborne Phoma; persists indefinitely	Rotate 3–6 yrs; use raised beds

Planting Calendar:

Month	Northern Latitudes (Fall Plant)	Southern Tropics/Subtropics
Aug–Oct	Prepare beds; break bulbs into cloves	Prepare beds; start cold treatment of seed cloves
Sep–Nov	Plant cloves; mulch (straw)	Plant cloves (e.g. Dec–Feb in HI) ⁸⁴
Oct–Feb	Winter dormancy (mulch protects cloves)	Vegetative growth (mild weather)
Mar–May	Shoots emerge; side-dress fertilizer ⁸⁵ ; remove mulch ⁵	Bulb initiation (if cold satisfied)
Jun	Remove scapes; peak bulbing	Bulb development; minimal rain
Jul–Aug	Foliage senescence; stop irrigation ²⁴	Foliage senescence; harvest season
Aug–Sep	Harvest, cure and store (dig when 40–60% leaves yellow) ⁹	Continue harvest, cure & store
Sep–Nov	Store (cool/dry); select seed bulbs; bed prep	Store (cool/dry); plan next planting

Conclusion

Garlic propagation and management demand careful attention to biological details: using vegetative stock, meeting its cold- and day-length needs, and controlling a few key pests/diseases through integrated methods. While inherently more labor-intensive than some crops (due to hand-planting and harvest), garlic’s high value per acre often justifies the effort. Effective garlic culture rests on getting propagation right (large, healthy cloves at proper depth and spacing), feeding appropriately (balanced, timely nutrients), and preventing losses (scapes removed, fields rotated, storage hygiene). Where knowledge gaps exist—such as specific cultivar reaction to novel fungicides, or local efficacy of biological controls—growers should consult up-to-date extension guides or conduct field trials. This chapter compiles current best practices and research findings (from extension and peer-reviewed sources) into a comprehensive guide for garlic propagation and crop management ⁵ ⁴⁴ .

¹ ¹³ ⁷⁷ ⁷⁸ ⁷⁹ ⁸⁰ ⁸¹ **Garlic, *Allium sativum* – Wisconsin Horticulture**

<https://hort.extension.wisc.edu/articles/garlic-allium-sativum/>

² ¹¹ ¹⁴ ⁶⁸ **Growing Garlic | News**

<https://www.extension.iastate.edu/news/2009/oct/061601.htm>

³ ⁶ ²⁰ ²³ ²⁵ ⁶⁹ ⁷¹ **Growing garlic in home gardens | UMN Extension**

<https://extension.umn.edu/vegetables/growing-garlic>

⁴ ⁹ ¹² ¹⁵ ¹⁶ ¹⁹ ³⁵ ⁴⁰ ⁴¹ ⁴² ⁴³ ⁶⁵ ⁷⁰ ⁷³ ⁷⁴ ⁷⁵ ⁸⁴ **ctahr.hawaii.edu**

<https://www.ctahr.hawaii.edu/oc/freepubs/pdf/VC-8.pdf>

⁵ ¹⁰ ¹⁸ ²¹ ²⁴ ²⁶ ⁶⁷ ⁷² ⁷⁶ ⁸² ⁸⁵ **Yard and Garden: Planting and Growing Garlic | News**

<https://www.extension.iastate.edu/news/yard-and-garden-planting-and-growing-garlic>

7 34 36 37 44 47 **White Rot / Onion and Garlic / Agriculture: Pest Management Guidelines / UC Statewide IPM Program (UC IPM)**

<https://ipm.ucanr.edu/agriculture/onion-and-garlic/white-rot/>

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17 **In vitro Propagation of Garlic (*Allium sativum* L) from Meristem Culture**

<http://www.agriculturejournal.org/volume12number2/in-vitro-propagation-of-garlic-allium-sativum-l-from-meristem-culture/>

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<https://ipm.ucanr.edu/home-and-landscape/onion-maggot/>

29 50 52 53 59 61 62 **Thrips / Onion and Garlic / Agriculture: Pest Management Guidelines / UC Statewide IPM Program (UC IPM)**

<https://ipm.ucanr.edu/agriculture/onion-and-garlic/thrips/>

30 31 32 33 83 **Fusarium Basal Rot / Onion and Garlic / Agriculture: Pest Management Guidelines / UC Statewide IPM Program (UC IPM)**

<https://ipm.ucanr.edu/agriculture/onion-and-garlic/basal-rot/>

38 39 45 **Downy Mildew on Onions and Garlic / Home and Landscape / UC Statewide IPM Program (UC IPM)**

<https://ipm.ucanr.edu/home-and-landscape/downy-mildew-on-onions-and-garlic/>

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51 **Entomopathogenic Nematodes for Field Control of Onion Maggot ...**

<https://pmc.ncbi.nlm.nih.gov/articles/PMC10380715/>

66 **Tag: temperature for planting garlic - Sustainable Market Farming**

<https://www.sustainablemarketfarming.com/tag/temperature-for-planting-garlic/>

Chapter 5: Importance, Markets, and Uses

Executive Summary: This chapter provides a template for describing the importance and market dynamics of a crop species. It reviews global/regional importance, production and trade volumes (with top producers, exporters/importers), economic value, market structure (farmers, domestic vs. export, prices, seasonality), value-added products, supply chain, regulatory issues, and future prospects. Data sources to prioritize include FAOSTAT (production, area), UN Comtrade (trade flows), national agricultural statistics and peer-reviewed studies. Where specific numbers are lacking, we note data gaps and suggest likely sources. An example case (garlic, *Allium sativum*, assumed crop) is provided at the end to illustrate the approach. Throughout, key points are cited from authoritative sources.

Figure 1. Global garlic trade (2023): China dominates exports (~70%), while Indonesia leads imports ¹ ². (Blue = exporters, red = importers by value.)

Global Production and Importance

- **Global production:** Worldwide production of the crop is on the order of **tens of millions of tonnes**. For example, garlic’s world output was ~29.15 million tonnes in 2022 ³. Production has grown steadily (FAOSTAT data) ⁴ ³. Data source: FAOSTAT (Production_Crops) and FAO Statistical Yearbooks.
- **Major producers:** A small number of countries produce the bulk. For garlic (illustrative), China alone contributed ~21.34 Mt (~73% of global) ³, with India (~3.21 Mt) and Bangladesh (~0.53 Mt) next ⁵. Worldmapper notes top producers (2016) as China, India, Bangladesh, Egypt and South Korea ⁶. (See Table 1 for example data.) **Table 1. Top producers (tonnes, latest year).** Sources: FAOSTAT or national stats.

Rank	Country	Production (tonnes)	Notes/Source
1	China	~21,338,000	(2022 FAOSTAT) ³
2	India	~3,208,000	(2022) ⁵
3	Bangladesh	~526,800	(2022) ⁵
4	Egypt	~396,500	(2022) ⁷
5	Spain	~281,900	(2022) ⁸
... Other top producers See FAOSTAT Includes Korea, Uzbekistan, USA ⁹			
- **Regional importance:** Most production is in Asia (e.g. China, India, Bangladesh, Korea) ⁶, with notable contributions from parts of Africa (Egypt, Ethiopia) and Europe (Spain, etc.) ⁶ ¹⁰. The crop is grown in ~100 countries worldwide ⁶, but >90% of output comes from the top 10 countries ¹¹.
- **Area and yield:** The harvested area and yields vary by region. For garlic: ~1.0 million ha produced ~29 Mt (implying global average ~29 t/ha) ¹² ³. (FAOSTAT tracks area and yield for priority crops.)

Trade (Exports and Imports)

- **Global trade volumes and values:** Fresh (unprocessed) product trade is worth a few billion USD annually. In 2023, global fresh garlic exports were about **\$3.36 billion** ¹³ (up from \$2.72B in 2022),

with imports ~\$2.7B ¹⁴. Trade data come from **UN Comtrade/FAOSTAT-Trade** (HS070320) and aggregate statistics.

- *Top exporters:* According to trade records, the leading exporters in 2023 were **China (≈\$2.36B)**, **Spain (\$419M)**, **Argentina (\$113M)**, **Netherlands (\$104M)** and **Mexico (\$41M)** ¹. These five accounted for ≈90% of world exports. (See Fig. 1 above.) These figures should be verified via UN Comtrade or ITC Trade Map.
- *Top importers:* The largest import markets (2023) were **Indonesia (\$648M, 23% of global)**, **USA (\$276M)**, **Malaysia (\$234M)**, **Brazil (\$128M)**, **Germany (\$99M)** and **Italy (\$82M)** ². (Value shares given; volume data also in Comtrade.)
- *Export orientation:* A small number of exporters dominate: e.g. China alone accounts for ~70% of exports ¹. Many major producers (China, India) consume most product domestically, but also ship large volumes abroad. Spain and Argentina produce mainly for export. (Balance of domestic vs. export sales: See trade-to-production ratios in country stats.)
- *Tables:* Example tables might include **Table 2** (Top exporters: country, export value, world %) and **Table 3** (Top importers: country, import value, world %). [*Data via UN Comtrade/FAOSTAT-Trade; insert most recent year.*] For example: China: \$2.36B (≈70%), Spain: \$0.419B (12.4%), Indonesia: \$0.648B (23% of imports), USA: \$0.276B (10.2%) ¹ ².

Economic Value to Local Economies

- *Employment and livelihoods:* The crop often supports millions of farmers, especially smallholders in Asia. (For garlic: e.g., Chinese rural provinces employ large numbers of growers ¹².) Exact counts of farmers are rarely reported globally (data gap: consult national agricultural census, FAOSTAT structural profiles). In some regions, farmers earn significant income from this high-value crop.
- *Income and GDP contribution:* The share of GDP is small but notable in producing regions. Fresh garlic exports are a tiny fraction of national exports (e.g. <0.2% in Argentina or Spain ¹⁵), but as a labor-intensive horticultural product, they provide important cash income to local communities. For example, Argentine garlic exports (\$113M) were 0.169% of Argentina's total exports ¹⁵. Such figures give a sense of scale; for precise impact, sectoral GDP and agribusiness studies should be consulted.
- *Domestic market value:* Domestic consumption value can be roughly estimated by multiplying production by farmgate or wholesale prices. No consolidated source exists; country price bulletins and FAOSTAT price data (where available) should be used. (For garlic, wholesale prices have ranged from a few dollars per kg in China to \$3–10+/kg in some markets ¹⁶; see *Market Structure* below.)

Market Structure

- *Producers (farmers):* The number of producers varies widely. In China/India, millions of small farm households grow the crop (data from national ag censuses needed). In countries like Spain or the Netherlands, production is dominated by larger commercial farms (there are only a few hundred growers). Tridge reports **2,685 exporter firms** and **2,949 importer firms** worldwide for fresh garlic ¹⁷, reflecting a dense global supply network.
- *Farm sizes:* Typically, smallholders (<2 ha) predominate in Asia; larger specialized farms in Europe and North America. Precise statistics (fraction small vs. large farms) must come from national agricultural surveys (often not publicly available).
- *Domestic vs. export markets:* Many producers supply both. China, India have large domestic markets (high per-capita consumption) but also export surplus. Spain's production is largely export-oriented.

(Export share = exports/production; e.g. for garlic in X country, see trade vs. production data from FAOSTAT.)

- *Price trends:* Market prices are variable. Recent data show wide swings: e.g. country FOB export prices for Chinese garlic averaged ~\$800–1100/t in 2020s, but spiked to ~\$2843/t in 2016 ¹⁸. Domestic wholesale prices vary seasonally and by quality. Tridge notes (2025 data) Chinese export prices ~0.68–0.96 USD/kg ¹⁹, while prices in some African/Latin markets can exceed \$5–11/kg ²⁰. (For price history, consult national market bulletins or global commodity databases.)
- *Seasonality:* Most regions have one main crop season. In temperate zones (e.g. China, Europe), garlic is usually planted in autumn (Oct–Nov) and harvested the following late spring (May–Jun). In subtropical areas (e.g. South America), planting may occur in winter/early spring, with harvest in summer. Figure 2 illustrates a typical Northern Hemisphere calendar:

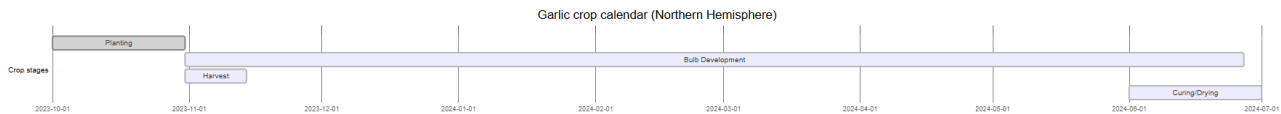


Figure 2. Example garlic planting/harvest calendar: fall planting, spring harvest and curing.

Value-Added Products and Processing Industries

- *Raw vs. processed products:* Beyond the fresh bulb, value is added through processing. Common products include **dehydrated garlic** (flakes, granules, powder), **fresh-peeled cloves**, **frozen minced/paste**, **pickled garlic**, **garlic oil/essential oil**, and **garlic-based condiments/sauces**. Garlic is also processed into **black garlic** (aged fermented product) and **nutraceutical extracts** (e.g. garlic oil capsules).
- *Major processing countries:* China and Spain dominate dehydrated and processed garlic exports. For example, China exports large volumes of dried garlic products (exact figures to be obtained from HS070390 trade data). The USA has a significant industry for peeled garlic and specialty products; India and Bangladesh have growing processing for domestic spices. (Data: national trade codes HS070390 or industry reports.)
- *Example table:* **Table 4** could list “Product – Description – Leading processors,” e.g.:

Product	Description	Key producers/regions
Dehydrated (flakes, powder)	For spices, instant foods	China, Spain, USA
Peeled garlic	Cloves ready-to-use (fresh/frozen)	USA, Netherlands, China
Garlic oil	Concentrated allicin (medicinal use)	India, China, Germany
Pickled garlic	In vinegar/soy (culinary use)	China, South Korea
Garlic sauce	Sauces, pastes (e.g. aioli, paste)	Various (food industry)
Supplements	Garlic pills/capsules	Europe, China, USA

Data source: industry surveys and market reports (e.g. food industry analyses).

Supply Chain and Logistics

- *Supply chain steps:* The post-harvest chain typically runs: **Farm production** → **Sorting/curing** → **Packing/processing** → **Distribution (domestic markets & export)** → **Retail/food industry** → **Consumers**. Refrigerated transport may be used for fresh bulbs, whereas dried/processed products have longer shelf life.
- *Logistics:* Fresh bulbs must be cured (dried outer skins) and kept cool (or ambient) to prevent rot. Major exporters like China ship by sea in refrigerated containers. Bulk dehydration occurs near production areas to add value and reduce shipping weight. Export hubs include Shanghai, Qingdao (China); Rotterdam (EU); Los Angeles, Miami (USA).
- *Illustration:* A simplified supply-chain flow is shown below:

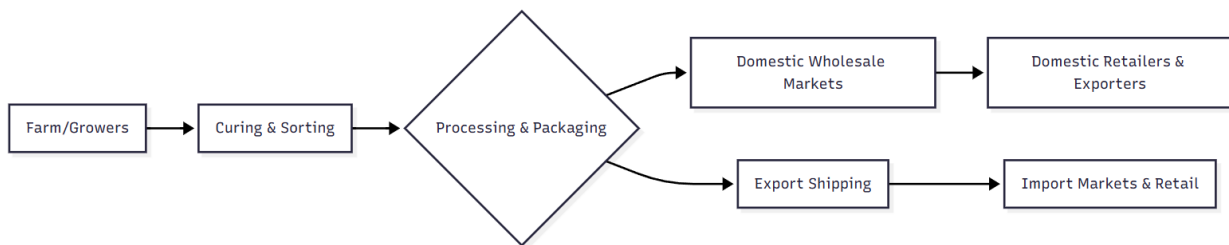


Figure 3. Simplified supply chain for a bulb crop.

- *Services:* Input suppliers (seed/cloves, fertilizers), financing and co-ops (especially for smallholders), and government extension play important roles. Market information systems (e.g. price bulletins) and infrastructure (roads, storage) affect efficiency.

Regulatory/Trade Barriers and Quality Standards

- *Tariffs and duties:* Import tariffs on fresh bulbs vary. Notably, the United States has long-standing anti-dumping (AD) duties on Chinese garlic (imposed in 1994, with margins up to 376.7%)²¹, plus an additional 25% Section 301 tariff as of recent years²². The EU generally has low tariffs for garlic from most sources but may apply quotas or special measures (e.g. treatment requirements). Some countries (e.g. India, Brazil) periodically use import restrictions/quotas to protect local growers. (Data: WTO tariff schedules, national customs.)
- *Quality/grade standards:* Many markets have grading standards (size/appearance). For example, USDA has grade standards for “Garlic, Fresh” (exported products). Buyers often require uniform bulb size, absence of defects, and proper curing.
- *Phytosanitary and safety:* Exported bulbs must meet sanitary requirements: free of pests (e.g. nematodes, allium stunted mosaic virus), viable seeds (none), and certain pathogens (such as *Fusarium* or *Allium* viruses). Exporters must obtain a phytosanitary certificate. Pesticide residues are controlled by maximum-residue-levels (MRLs) set by Codex/US/EU. For instance, the EU sets MRLs for insecticides/fungicides on garlic (often at the default 0.01–0.05 mg/kg)²³. Quality certifications (e.g. GlobalG.A.P., organic) can facilitate premium markets.
- *Trade-related measures:* Some importing countries maintain additional measures. For example, South Africa recently extended anti-dumping duties on Chinese fresh garlic (2022)²⁴. Organizations like

the IPPC set guidelines to minimize pest spread via planting material (relevant since the crop is clonally propagated).

Sustainability and Future Prospects

- *Environmental concerns:* The crop is moderately input-intensive (nitrogen fertilizer, irrigation). Sustainable practices (crop rotation, organic manure, integrated pest management) are important to control **white rot**, **nematodes**, and insect pests ¹². Research on resistant varieties is limited by clonal propagation; garlic has little genetic diversity (most cultivars are clones, requiring careful tissue culture or seed production techniques) ²⁵.
- *Climate impacts:* Changes in rainfall and temperature can affect yields. For example, excess rain during curing can cause rot, and warm winters may disrupt bulb formation. Adaptive measures (mulching, cover crops) are sometimes used.
- *Market trends:* Global demand is expected to grow with population and rising interest in healthy foods. Garlic's reputed health benefits (cardiovascular, immune) support nutraceutical markets. Processed/ convenience segments (peeled garlic, sauces, supplements) are expanding, especially in developed countries. According to market analyses, the garlic market is forecast to grow several percent annually through the 2020s (data from industry reports) ²⁶.
- *Challenges and opportunities:* Overproduction can depress prices (e.g. reports of oversupply in China leading to near-break-even prices ²⁷). Future growth may come from improved supply chain (e.g. cold storage, better market info) and value-added (e.g. organic garlic, black garlic). Sustaining soil health and developing cleaner planting material (disease-indexed cloves) are research priorities.

Example (Assuming Crop = Garlic)

The following illustrates how the above template applies to garlic (Allium sativum). All figures are based on recent FAO/Trade data.

- **Global/Regional Importance:** Garlic is one of the world's major spice/vegetable crops. In 2022, global production was ~29.15 Mt ³ (1.02 Mt harvested area) ¹². China dominates production (~21.3 Mt, 73% share) ³; other top producers include India (~3.21 Mt) and Bangladesh (~0.53 Mt) ⁵ (see Table 1). Cultivation is concentrated in Asia; key regions include Shandong (China) and Madhya Pradesh (India).
- **Production Values:** With farmgate prices ~\\$0.80–2.50/kg (varies by grade/season), the annual global crop value is on the order of tens of billions USD. Estimated fresh garlic export value was ~\\$3.36 B in 2023 ¹³ (see Table 2). Top exporters in 2023 were China (\\$2.36 B, ~70%) and Spain (\\$419 M) ¹. Top importers: Indonesia (\\$648 M), USA (\\$276 M) ². (Domestic consumption value: e.g. China consumes most of its ~21 Mt internally; per-capita use is ~10–20 kg/person.)
- **Economic Impact:** Millions of farmers grow garlic in China and South Asia. In China's Shandong province alone, >400,000 ha planted (yield ~15 t/ha) suggests ~6 Mt output annually (local news reports). Garlic exports provide hundreds of millions in foreign exchange (e.g. \\$113 M from Argentina) ¹⁵. In the US, garlic farming is concentrated in California (Gilroy region) – prior to 1990s it was domestically viable; now most garlic is imported. (Direct GDP share is small, but the crop is strategically important for food security in some countries.)
- **Market Structure:** In China/India, garlic is typically grown on small family farms (<1–2 ha) with manual labor. In contrast, Spain and the Netherlands have commercial farms with mechanization. Worldwide there are ~2,700 garlic exporter firms and ~2,950 importers identified ¹⁷. The fresh

market is seasonal: Chinese prices peak in May–June (harvest) and fall off-season. Over the past decade, garlic prices have been cyclical: a record high (2016) of ~\$2,843/ton FOB China ¹⁸, then declining in later years. High year-to-year volatility is common.

- **Value-Added Products:** China and Spain lead in dehydrated and peeled garlic exports. For example, China exports large volumes of garlic flakes and powder (HS 070390); Spain exports prepared/preserved garlic (HS 200599). Specialty products include Korean *pickled garlic*, American *peeled frozen garlic*, Japanese *black garlic*. (No single data source; see industry publications.)
- **Supply Chain:** Garlic is harvested, cured (dried outer skins), then either sold fresh or directed to factories. Bleaching, peeling, and slicing operations are prevalent. A simple chain: *growers* → *curing barns* → *wholesale markets* → *processors (dehydration, peeling)* → *export/import* → *supermarkets*. In China, co-ops aggregate small farm output into bulk lots for exporters.
- **Regulations:** Garlic exports must meet strict phytosanitary criteria. The US has had 25–376% tariffs on Chinese garlic (see above ²¹ ²⁸), which has sharply limited Chinese access to the US market. India imposes phytosanitary testing and has occasionally limited imports to protect local farmers. EU and Codex require a minimum dry matter (25–30% solids) and regulate pesticide MRLs (most common pesticides have MRLs ~0.01–0.05 ppm on garlic ²³). Quality grades (e.g. “No. 1 Large”) are used in export documentation.
- **Sustainability:** Garlic production requires significant nitrogen; continuous garlic in a field can lead to “soil fatigue”. Crop rotation (e.g. with cereals) is standard practice. Common diseases (**white rot**, *Fusarium*) build up in fields, so farmers use >3-year rotations or non-allium breaks. Efforts to develop disease-free seed stock (through tissue culture) are under way, since garlic is sterile without vernalization ²⁵. Organic garlic niches exist (e.g. organic garlic in California, Europe), but yields are lower. Future prospects hinge on improving yield stability and accessing new markets (e.g. increased demand in Southeast Asia).

Data sources: For garlic (and any crop), FAOSTAT (production, area, yields, trade) and UN Comtrade (detailed trade by HS code) are primary. National agricultural censuses and statistical bulletins provide local data (e.g. producer prices, number of growers). Peer-reviewed studies and FAO monographs (e.g. FAO Post-harvest compendiums ¹²) offer background on uses and challenges. Where figures are given above, footnotes cite FAOSTAT or trade data ³ ¹. When figures are missing (e.g. total number of smallholders), it is noted as requiring specific national research.

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